HOW TO TELL YOUR STORY

Part 1a – Where to Begin?
Where do I begin?

- Writer Richard Campbell poses this simple question
  - Sometimes, it’s all right in front of us
  - Sometimes, we need to think about it
  - Here are his suggested prompts?
Fork In the Road

- Turning Points:
  - *First day of school, graduation*
  - *Loss of a family member or close friend*
  - *Winning a sports event*
  - *A first job*
  - *Our wedding*
  - *Birth of a child,*
  - *A divorce, retirement*

- What was one of your early forks in the road life experiences?

Family Ties

- The one we were raised in
- The one we have now
- Those part of our extended family

Money Talks

- How has wealth or the lack of it impacted your own life?
- Was money a strong motivator and did it change your worldview?

Occupational Hazards

■ What was your life’s work?
■ Did you hold down several positions or did you stay focused on raising a family as your work mission?
■ Did you work solely in order to pay bills or did you work because it was your passion?

Self Reflection

■ The way we see ourselves reflects the way we see the world.
■ Has your own self-image changed over the course of your life?
■ Was it ever problematic for you? How did you resolve that?

Gender Identity

- As a child, how did you see yourself: Were you all boy, all girl, a mix of both?
- As an adolescent, did any of that change?
- How about as an adult?
On the Horizon

■ As we age, we become more reflective.
■ We start asking: What’s it like to die?
■ Has life been hard on me or have I been hard on it? What are your thoughts on this inevitable stage of life?

Home Run

- As we progress through life, our spiritual beliefs can change.
- What has religion or the power of belief meant to you over the years?

The Powers That Be

- As time passes we attain some goals, drop others along the way and create new ones.
- What major goals have you accomplished?
- What new ones do you wish to go for?
The Paths We Walked

■ We all leave a legacy, intended or not.
■ If you could formalize a letter to your children or grandchildren, what would you tell them?
■ How would you inspire them to overcome the challenges of life that lie ahead?

Any questions?
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