

## **University of North Texas**

1. The Canterbury Tales: A Window into Life in the Medieval Period – Don Vann

Wednesday, September 4: 10:00am – 11:30am @ Marquis 118

Thursday, September 19: 1:00pm – 2:30pm @ Robson Ranch Main Clubhouse

Geoffrey Chaucer wrote his masterpiece, *The Canterbury Tales*, between 1387 and 1400 and earned the title "The Father of English Literature." This class will cover some of the thirty travelers Chaucer describes in the "Prologue" to The Canterbury Tales. In doing so, it can help members gain some amazing insights into the social, economic, political, and religious institutions of the medieval period. The class will also sample the wry humor of the author and enjoy his keen understanding of human nature.

**NB:** This class is repeated at both locations this semester – so please choose one only Dr. Don Vann is Emeritus Professor of English and Regent's Professor, retired, who taught for forty years at the University of North Texas. He is eager to share his love of Chaucer with you.

2. The Importance of Slavery in Texas – Randolph "Mike" Campbell

Wednesday, September 4: 1:00pm - 2:30pm

Marquis Hall 118

This lecture will cover the importance of slavery in Texas. There is a tendency in Texas to think or argue that slavery was not very important in the Lone Star state, however that is not the case. Slavery played a key role in the growth of early Texas, and was the primary reason for secession and Civil War. It was also the key to making Texas essentially southern in its culture from the early nineteenth century until today.

Dr. Randolph "Mike" Campbell joined the Department of History at the University of North Texas (then North Texas State University) in 1966. He has held the rank of Regents Professor since 1988 and is currently Lone Star Professor of Texas History and Chief Historian for the Texas State Historical Association. He is the author of *An Empire for Slavery: The Peculiar Institution in Texas, 1821-1865*, published by Louisiana State University Press in 1989, and several other books on Texas History. He also won the University of North Texas Foundation Eminent Faculty Award for 2013, which is the highest award for faculty at the University of North Texas, given to only one person per year for outstanding and sustained contributions to scholarly-creative activity, teaching, and service and has served as an inspiration to the University of North Texas community.

#### 3. An Introduction to Investment Instruments (Class 1 of 2) – David Higgins

Thursday, September 5: 10:00am – 11:30am

Robson Ranch Main Clubhouse

The class will focus on characteristics of the most common forms of market investments, how they are valued by security markets, and their safety and return potential relative to one another. Participants will learn the difference between a security and an instrument, the objective difference between an investment and a speculation, the types of investment risk and how these risks are measured, and how to assess the riskiness of expected cash inflows from various types of instruments.

Dr. David Higgins earned his doctorate in financial management and investments from the University of Texas at Austin. He taught at Arizona State University, the University of Wisconsin, and the University of Dallas. His specialty areas are the keys to financial performance, the creation and maintenance of business value, treasury management, and business economics. David is author of Essentials of Treasury Management, 2nd Ed., a desk reference for treasurers and the body of knowledge tested on the Certified Treasury Professional credentialing examination. He and his wife Peggy are retired residents of Robson Ranch.

#### 4. A Knowledge - based Approach to Portfolio Diversification (Class 2 of 2) - David Higgins

Thursday, September 5: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

Historical rates of return on asset classes will be reviewed along with the investment risks of the classes. Participants will acquire an understanding of how diversification occurs when asset classes are combined to form a portfolio, how inflation affects real returns over time, and how to identify investment needs appropriate to their personal financial situation. Important factors to consider when selecting an investment advisor will be discussed. Persons interested in this class are strongly encouraged to attend the "An Introduction to Investment Instruments" class that precedes it. Material covered in that class will not be reviewed. This class is most appropriate for mature people who have built an asset base, are relatively secure financially, and seek a framework for thinking about how to deploy their assets sensibly to preserve value and an income stream. It is not appropriate for people who want to know how to build wealth over time by investing in securities markets. Personal investment advice will not be given.

Dr. David Higgins earned his doctorate in financial management and investments from the University of Texas at Austin. He taught at Arizona State University, the University of Wisconsin, and the University of Dallas. His specialty areas are the keys to financial performance, the creation and maintenance of business value, treasury management, and business economics. David is author of Essentials of Treasury Management, 2nd Ed., a desk reference for treasurers and the body of knowledge tested on the Certified Treasury Professional credentialing examination. He and his wife Peggy are retired residents of Robson Ranch.

#### 5. John Wesley, the Evangelical Movement and the Industrial Revolution – Gordon Roe

Thursday, September 5: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

Oxford professor and Anglican priest John Wesley was distressed with the terrible conditions of the workers during the Industrial Revolution. A series of events in his own life led him to begin organizing class meetings among them. As a result, he inadvertently began a new denomination. This class will be an exploration and discussion about this key event in the history of Christianity.

Mr. Gordon Roe earned his Bachelor of Arts in History from Southwestern University, and a Master of Theology from the Perkins School of Theology at Southern Methodist University. After graduating, he was ordained and served as a pastor in Methodist churches in the San Antonio area for several years. He is married to a graduate of the University of North Texas, and is the father to another University of North Texas alumnus.

#### 6. Origins of Civilization: Mesopotamia and Mesoamerica – Reid Ferring

Mondays & Wednesdays, September 9, 11, 16, & 18: 10:00am – 11:30am Marquis Hall 118

The rise of early civilizations in the Near East and Mesoamerica is essentially the story of two independent worlds — worlds where we can archaeologically explore the fascinating saga of cultural change, gaining insight into the nature of human culture itself. We will track the records of those two regions, from the domestication of plants and animals, to the first villages and ceremonial centers, and finally to the emergence of kings, city-states and empires. How are economic and population changes shaped by advances in technology, trade and writing? How do art and architecture reveal the belief systems that evolved over the millennia? What do we share in common with those ancient civilizations? What can we learn from them?

Dr. Reid Ferring has been at the University of North Texas for 32 years, teaching geology and archaeology. He earned a PhD in Geology from the University of Texas at Dallas and taught the Geology of Texas for many years. His research includes the geology of the Trinity River and geology – archaeology in the Republic of Georgia.

#### 7. Keeping on Your Feet: State of the Art Programs in Fall Prevention – Candy Wade

Monday, September 9: 1:00pm – 2:30pm Marquis Hall 118

This class will outline the latest research and programs on fall prevention. Building on the Center for Disease Control's recent declaration that elderly falls have become a national epidemic, this seminar will provide suggestions on maintaining balance and ensuring falls are potentially less likely. This class will include tips from an interior designer on making your home safe.

Ms. Candy Wade has a Master's in Education, is a CSA certified coach and a Master Trainer in fall prevention. Her two colleagues assisting her in presenting this class are Charlene Bishop, a Registered Nurse and also a certified coach in Fall Prevention and Sandy Johnson, a licensed interior designer.

#### 8. Elder Law Boot Camp – Richard Barron

Tuesdays, September 10 & 17: 10:00am – 11:30am Robson Ranch Main Clubhouse

These classes are designed to educate senior citizens and/or families on some of the common legal mistakes, myths and concerns related to aging. The information that will be covered includes wills, powers of attorney (financial and medical), advance healthcare directives, trusts, legal asset protection, government benefits (Veteran's Benefits and Medicaid) and probate issues. In general, the classes will provide an overview of how to navigate the healthcare and benefits maze of aging.

Dr. Richard M. Barron, JD, has been a member of the State Bar of Texas since 1981 and is an accredited attorney with the Department of Veterans Affairs. He received his BBA from Southern Methodist University and his Law Degree from Texas Tech. He is a member of the National Academy of Elder Law Attorneys. His law firm was established in 1991 and serves the North Central Texas area.

#### 9. Women and Politics - Patti Richard

Tuesdays, September 10 & 17: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

The course will explore women as voters, the gender gap, representation, women as officeholders, and women as candidates. This class will look into barriers to women in political office, whether having women in office makes a difference, and the possibility of a female president, among other questions.

Dr. Patti Richard recently retired from the position of Trustee Professor of Political Science at Ohio University and had taught courses in Elections and Campaigns. In her scholarly work, Dr. Richard has written extensively about democracy, elections, and campaigns and about reproductive rights.

#### 10. Gardening with Texas Native Plants Mitigates Water Shortages – Cecil Carter

Wednesday, September 11: 1:00pm – 2:30pm Marquis Hall 118

This lecture will examine the water shortage and answer the question: are we in a drought or is this the new rainy season? From this platform, the instructor will highlight how native plants mitigate the effects of drought and why there is a great need to convert landscapes to plants native to Texas. We will explore a wide variety of native plants and their water resource needs, and the way these plants can influence our ecology and other resources.

Mr. Cecil Carter has spent the majority of his career in the private sector, but for 20 years was an adjunct faculty member at Oklahoma State University. He is currently President of the local water board, where he has been a member for the past six years. He is also President of the Native Plant Society of Texas.

#### 11. A Close Look at Sugar: White, Brown, Artificial Replacers – Jo Anne Cassell

Wednesday, September 11: 2:45pm – 4:15pm Marquis Hall 118

From birth, almost every human exhibits a taste preference for sweetness. The taste preference for sweetness diminishes for most of us as we age, but the enjoyment of a sweet tasting food never leaves completely. Is sweetness a good thing? Honey tastes difference from maple sugar. White sugar tastes different than brown sugar. Artificially made sugars have a much sweeter taste than natural sugars. After we swallow, do our bodies know the difference? How do these differences affect the process of cooking – boiling, baking, grilling, etc.? Which sweeteners are most frequently used in the processing of products sold by the food industry? How does sugar influence United States foreign policy? All these questions, plus those from the participants, will be answered through this course.

Dr. Jo Anne Cassell is a former faculty member of the Department of Nutrition and Food Science at Texas Woman's University. She is the author of three books, has edited a nutrition journal and was a frequent guest on television and radio. In addition, she authored newspaper columns and journal articles, and was a consultant to the government and non-profit agencies and organizations.

# 12. Orchestral Incidental Music at the Movies – How 19th Century Orchestral Style was Alive & Well in Movies of the 20<sup>th</sup> Century – *Max Morley*

Thursdays, September 12 & 19: 10:00am – 11:30am Robson Ranch Main Clubhouse

Did "classical" music composition disappear in the 20th century? This class will demonstrate how 19th century classical orchestral style was alive and well in movies of the 20th century. This lecture will be presented in a combination of lecture and audio-visual of orchestral incidental music in the movies from 1927 to the present. It will feature brief discussions of 30 composers and 90 orchestral excerpts from 72 films. Expect to hear high quality orchestral music that sounds familiar, but the title may elude you. See if you can name the movie's title by viewing screen-shots and movie stars while identifying the music. Movie-buffs may expect to do well.

Dr. Max Morley retired from the School of Music at Stephen F. Austin State University in 2009. He held three positions at SFA: 20 years as trumpet specialist; 15 years in Arts Programming and Development; and five years teaching music history and literature. He holds the degrees, BM, MM, and DMA from the University of North Texas.

#### 13. Financial Fraud - Scam Awareness - Brandon Hobon

Thursday, September 12: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

Scams are all around us, and there is someone right now who wants to take your money from you. Is that "special offer" you received really that good? What about that phone call from your friend who needs financial help, was it really him/her? This class will provide an overview of the current scams and explain the various components of the scam. The class will be asked to provide feedback on personal experiences. At the end of the presentation, the participants will be encouraged to share this information with their friends and family as education and awareness is the best defense in stopping those who wish to con us.

A police officer with the Denton Police Department for sixteen years, Inspector Brandon Hobon has seven years' experience as a criminal investigator specializing in financial crimes. He is a Certified Fraud Examiner, and a Certified Financial Crimes Investigator, and has advanced training in numerous financial crime related areas to include elder exploitation, money laundering, credit/debit card abuse, forgery, and identity theft.

#### 14. Food Trends 2013: What's Hot; What's Not – Jo Anne Cassell

Thursday, September 12: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

A fun look at current food trends, including individual foodstuffs, cooking styles, commercial food products, rising chefs, imported foodstuffs, restaurant items, and recipes. Food prices and nutrition recommendations will be discussed, and can you guess what the new "super fruit" is? Come to this class to find all this out, and more!

Dr. Jo Anne Cassell is a former faculty member of the Department of Nutrition and Food Science at Texas Woman's University. She is the author of three books, has edited a nutrition journal and was a frequent guest on television and radio. In addition, she authored newspaper columns and journal articles, and was a consultant to the government and non-profit agencies and organizations.

#### 15. Horton Foote: Texas Playwright – Alex Pettit

Mondays, September 16 & 23: 1:30pm – 3:00pm Marquis Hall 118

This class will provide a quick exposure to the drama of native Texan, Horton Foote, perhaps best known for his screenplays "To Kill a Mockingbird" and "Tender Mercies". Not the least of Foote's achievements as a playwright is his receipt of the Pulitzer Prize at age of 79, for The Young Man from Atlanta. The two plays selected take place in Texas and recall a simpler time in our history - or do they?

Dr. Alex Pettit has been a Professor of English at the University of North Texas since 1991. He is the author of various studies of 18th-century British literature and, more recently, modern drama and recipient of several teaching prizes. A native of Albany, New York, in 2013 he was named a Distinguished Teaching Professor, the University Distinguished Teaching Professorship award, which recognizes tenured faculty who perform outstanding teaching. He has taught at the introductory levels of their disciplines, and promotes the continuous development of teaching excellence, and promotes improved teaching among their colleagues in the University of North Texas community.

#### 16. China and Its Medical System – Martin Thornton

Wednesday, September 18: 1:00pm – 2:30pm Marquis Hall 118

Dr. Thornton completed a recent trip to China to teach disaster medicine and work in the Emergency Departments of two large hospitals in Chengdu. This trip provided insights into cultural beliefs in the treatment of patients with traditional Chinese verses Western style medicine. Chengdu is a city in Central Sichuan Province with a population of 14 million people.

Dr. Martin Thornton earned his degrees from the University of North Texas in 1977 and in 1982, and served a rotating internship in Detroit, Michigan. He is a professional member of several medical boards and associations, and has spent the last decade as a featured speaker and lecturer across the world on many medical scenarios. He recently completed a term as Denton County Health Authority Clinic Director and is currently working in the Magnolia Hospital Emergency Department in Frisco, Texas.

# 17. **Meteorites, the Moon, Mars, and Man: How Can They Be Related?** – *Frederick Busche*Wednesdays, September 18 & 25: 2:45pm – 4:15pm Marguis Hall 118

This presentation will discuss the relationship of man and life itself to the solar system, the formation and development of the solar system with a focus on meteorites, the mission to Mars, the mission to Earth, and man's unceasing desire to understand why we exist and how we became what we are. The class will touch on distribution of the planets and why they are in their current positions, including understanding how the evolution to present day Mars and Earth may have had similar starts, but different final states. The need of the "Mission to Earth" Project and what we are using it for, the relationship of how we evolved to the evolution of our atmosphere, and finally, lunar exploration, and what it has taught us about the Earth, will be included in the discussion.

Dr. Frederick Busche earned his BS and his MS in Geology from the University of Illinois and the University of Hawaii, respectively. His PhD is from the University of New Mexico in Geochemistry. He has worked for Westinghouse, Shell Oil Company and IBM and was Chair of the Department of Geography/Cartography at East Central University in Ada, Oklahoma. He currently teaches as an adjunct professor at Brookhaven Community College and is CEO of WinTechGeo, LLC, a company specializing in microbiologically enhanced oil recovery and he holds 13 patents. While at the University of New Mexico, Dr. Busche did research on some of the original lunar samples.

#### 18. Successfully Cultivate and Care for Native and Non-Native Trees – Don Smith

Thursdays, September 19 & 26: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

This lecture will include an overview of the botany of trees, and how problems arise. This will include aspects such as the value of trees in a landscape; watering, fertilizing, and pruning trees; how and when to plant a tree; and selecting trees for your landscape.

Dr. Don Smith was a University of North Texas Botany professor for 44 years, teaching over 149 freshman botany classes to 17,000 students. He also operated a tree pruning and removal business for 35 years, and invented a treatment for low growth trees, especially post oaks that go into decline when encroached. He is a consultant for tree problems, and for evaluation of trees. He enjoys Fall color, and is an expert in this area.

#### 19. Water Issues for Texas and the Western United States – Tom LaPoint

Mondays, September 23 & 30: 10:00am – 11:30am Marquis Hall 118

This course will introduce participants to critical water issues facing us in the western US – and elsewhere. We will discuss the hydrologic cycle; why water is important for life; how water is used in municipal and agriculture; how water is reused; methods of conservation; we will also discuss international aspects of water use, with the potential for conflict among nations. Part of our discussion will focus on the Trinity River basin as a specific example.

Dr. Tom LaPoint is an aquatic Toxicologist, with expertise in the effects of chemicals in water on aquatic biota. His interests range from water reuse issues to how water is used in agriculture. His educational training has been in aquatic ecology and water pollution, with a BS, MS, and PhD earned in zoology, physiology, and biology between 1971 and 1980.

#### 20. Elder Law Boot Camp - Veterans Affairs - Richard Barron

Tuesday, September 24: 10:00am – 11:30am Robson Ranch Main Clubhouse

Using the principles and outlines in his "Elder Law Boot Camp" class, this stand-alone class covers the legal and medical aspects of aging from a veteran's point-of-view. This includes discussing government benefits and Medicaid. The class is an overview of how to navigate the healthcare and benefits maze of aging.

Dr. Richard M. Barron, JD, has been a member of the State Bar of Texas since 1981 and is an accredited attorney with the Department of Veterans Affairs. He received his BBA from Southern Methodist University and his Law Degree from Texas Tech. He is a member of the National Academy of Elder Law Attorneys. His law firm was established in 1991 and serves the North Central Texas area.

#### 21. **Philosophy of Love**– *Dr. Eva Cadwallader*

Tuesdays, September 24 & October 1: 1:00 pm – 2:30 pm Robson Ranch Main Clubhouse

This two-part course will introduce the philosophy of 'love'.

In **Part I**: Introduction to Nine Kinds of Love: Storge, Eros, Agape, Philia, Cupiditas, Limerance (Tenov), Romance (de Rougemont), Humanistic (Fromm), Stoic (dispassionate love).

Part II will continue the discussion of Part I, with opportunity for questions and discussion.

Dr. Eva Cadwallader earned her PhD in Philosophy at Indiana University. She is a Distinguished Alumna in Philosophy at Bucknell University, a past president of The American Society for Value Inquiry, and of Phi Sigma Tau (International Honor Society in Philosophy). Dr. Cadwallader is the author of two published books: "Searchlight on Values" and "Balancing." She lectured extensively in the U.S. and abroad while teaching philosophy at Westminster College in Pennsylvania. Since 2008 she has been offering an interactive class, "Exploring Philosophy," at the Denton North Branch Library.

#### 22. Planning for Income: How to Build a Portfolio to Last a Lifetime— Kyle Deatherage

Wednesday, September 25: 10:00am – 11:30am @ Marquis 118

Thursday, September 26: 10:00am – 11:30am @ Robson Ranch Main Clubhouse

The Financial Press has educated investors on how to diversify a portfolio with a goal of capital appreciation. However, they have done very little in helping investors change from appreciation to income. Come to class and learn to build a portfolio designed to produce income for a lifetime.

NB: This class is repeated at both locations this semester – so please choose one only Mr. Kyle Deatherage is the Managing Director of the Certified Financial Planner Certificate program at the University of North Texas Professional Development Institute. He is an independent Financial Planner with NFP Securities and the President of Deatherage Financial Consulting. He has held the Certified Financial Planner Designation since 1997.

#### 23. Human Genetic Information: Changes from 1950- 2000 – Mahlon Freeman

Wednesday, September 25: 1:00pm – 2:30pm Marquis Hall 118

This class will include a review of major information changes in human medical genetics in the past 60 years – for example, 48 or 46 chromosomes, 2 million or 120,000 genes, ancestry tracking via male Y chromosome or female mitochondrial DNA, receptors and rejecters on the cells and their influence on cancer.

Dr. Mahlon Freeman graduated with a Doctor of Medicine degree from the Yale School of Medicine. He also has a Doctor of Medical Science degree from Columbia University. His certifications include the American Board of Obstetrics and Gynecology and the American Board of Medical Genetics. Dr. Freeman's teaching appointments include Professor of Medical Genetics, Uniformed Services University of the Health Sciences, Walter Reed AMC. He is retired from the U.S. Army Medical Corps and from the practice of ultrasound in Denton.

#### 24. Importance of Nutrition in Aging – Kirsten Kaae

Thursday, September 26: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

This presentation gives an overview of basic digestive physiology and changes that may present a challenge in maintaining good nutrition while aging. It includes a multitude of ideas and suggestions for overcoming those challenges and discusses specific nutritional needs of seniors.

Ms. Kristen Kaae is a Registered Nurse and a Licensed Professional counselor. Using 23 years of experience as a hospice nurse and conducting grief support groups for 15 years, she is a great resource in aging needs. She currently hosts an internet radio talk show on aging and end-of life issues.

#### 25. What is Proper English? - Charles Martin

Monday, September 30: 1:00pm – 2:30pm Marquis Hall 118

Most people think there is some proper, right, standard, good, or authorized form of English. If there is, who decides what is proper/right/good/correct/ etc.? Where did the notion of a "proper" language come from? How does a language become standardized? What role do dictionaries and grammars play in the development of a language? Do languages change, and if so, is that bad? These questions and more will be discussed and attendees will be asked to share examples of words and expressions that they find obnoxious, ungrammatical, "sub-standard," etc.

Dr. Charles Martin taught English language and literature courses for 35 years at the University of North Texas. Two of his favorites were History of the English Language and The English Language in America. He is co-author of *The English Language: Yesterday and Today*.

#### 26. Conflict in Volunteer Organizations – David Shields

Tuesdays, October 1 & 8: 10:00 am – 11:30 am Robson Ranch Main Clubhouse

This lecture will go over the context for conflict in churches and other volunteer organizations. These contexts are significantly different from those in business, government, the military, etc. This course will identify some basic issues that cause conflict, describe various intensity levels, and explore possible strategies for addressing it. It will also explore the impact of conflict on communication.

Reverend David Shields is a retired Presbyterian minister. He began his career in 1958 in a small church in Skiatook, OK moving in 1961 to a bi-racial congregation in Oklahoma City, OK. In 1966 he began a series of staff positions in New Jersey, New York City, Indiana, Illinois and Minnesota in which he assisted churches in organizational development, planning and conflict resolution. In addition to a Master's Degree from McCormick Theological Seminary in Chicago, he has had workshop and seminar training at the Western Electric Management Program, the Center for Creative Leadership, the Alban Institute, and the Graduate School of Business at the University of Michigan. Since moving to Denton in 2007, he has taught courses in Religion and the Public Square and Challenging Christian Traditions at the Emeritus College.

#### 27. The "Great Hanging" at Gainesville, TX – Robert McCaslin

Tuesday, October 1: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

On October 1, 1862, a tragedy occurred known as the "Great Hanging" at Gainesville. The Texas militia scoured Cooke County, Texas, capturing many of the individuals who had failed to respond to the muster call issued by local leaders. The prisoners, and many others, were accused of joining the Peace Party, dedicated to opposing Confederate authority in North Texas. At least 150 men were confined in an old store on the square in Gainesville, a jury was selected, and vigilante trials began. Col. William C. Young served as the prosecutor and kept the focus on the most outspoken conspirators, which resulted in the hanging of seven men. But authorities wanted more, and fourteen prisoners, who had been acquitted by the jurors, were hanged as well. When Young was assassinated during a break in court activities, the violence again accelerated, and another nineteen men were hung. In all, forty men were hung in Gainesville and two more were shot as they attempted to escape. Others were killed by vigilantes in neighboring communities, and the event quickly became a national issue.

Dr. Richard McCaslin is a professor and chair of the Department of History at the University of North Texas. He is the author or editor of sixteen books, including Tainted Breeze: The Great Hanging at Gainesville, Texas, October 1862 (LSU, 1994), which won the Tullis Prize and a commendation from the AASLH, and Lee in the Shadow of Washington (LSU, 2001), which was nominated for a Pulitzer and won the Slatten Award and Laney Prize. His most recent book is Fighting Stock: John S. "Rip" Ford of Texas (TCU, 2011), which won the Pate Award.

### 28. Dogwood Canyon Audubon Tour (Special Emeritus College Event)

Wednesday, October 2: 9:00am - 2:45pm

Dogwood Canyon, Cedar Hill, TX: via Chartered bus leaving from UNT

Dogwood Canyon is comprised of 250 acres of critical habitat located within Dallas County in the city of Cedar Hill. The Canyon lies along the Cedar Hill Escarpment, 12 miles southwest of downtown Dallas, and can be accessed from FM 1382. The Audubon Center at Dogwood Canyon is within a 50-minute drive of four million people - a 20-minute drive from downtown Dallas and 15 minutes from 24 schools. Dogwood Canyon sustains the Metroplex's greatest variety of rare and endangered species. It is the last know nesting habitat in Dallas County for two endangered songbirds: the Golden-cheeked Warbler (prior to its discovery here its last known Dallas County nesting was 45 years ago) and the Blackcapped Vireo. Species from East, West, and Central Texas converge here, making the Canyon the only place in the North America where one can find the Black-chinned Hummingbird of West Texas nesting in the Flowering Dogwood of East Texas. Dogwood Canyon also provides outstanding habitat for migrating and nesting birds. Orioles, tanagers, warblers, hummingbirds and others feed on the rich nourishment provided by its lush vegetation. White-eyed, Red-eyed and Warbling Vireos, Red-bellied and Downy Woodpeckers, Chuckwill's Widows and Blue-gray Gnatcatchers, sing their songs seemingly from every tree. We will board a chartered bus and leave UNT at 9:00a.m. and return to UNT around 2:45 p.m. We will have a short talk and then hike the Canyon Floor. The trail is ADA accessible and is ½ mile round trip. At the end of the hike we will eat lunch in the picnic area. Space is limited to 30 people. The cost is \$45 and includes transportation, lecture and park entrance **fee**. Participants will bring their own sack lunches.

#### 29. Painting in America: An Overview – David Plaut

Wednesday, October 2: 10:00am – 11:30am & 1:00pm – 2:30pm Marquis Hall 118

Beginning with painting in the early years of the United States, this class will trace the development of the tradition of American painters. The majority of the class will be spent on selected American painters of the late 19th century, concluding in the mid-20th century.

Dr. David Plaut's background is in medicine, statistics and biochemistry. He writes for two journals, a university, two distance-learning groups and his book on statistics for health care professionals was published in spring 2013.

### 30. No Stone Unturned: The John F. Kennedy Assassination Dallas Police Investigation Files –

Tara Carlisle

Wednesday, October 2: 2:45pm – 4:15pm Marquis Hall 118

The University of North Texas, Sixth Floor Museum, and the City of Dallas have combined their resources to offer free online access to documents and photographs that provide a first-hand account of events surrounding the assassination of President John F. Kennedy. This presentation will highlight portions of the online collection that reveals the frenzy of activity after the assassination and the painstaking effort that went into conducting the investigation.

Ms. Tara Carlisle is a Project Development Librarian at the University of North Texas and is responsible for coordinating digitization projects for the Portal to Texas History, which consists of more than 170,000 historical materials belonging to museums, archives, libraries, and private collections. It features digital reproductions of photographs, maps, letters, documents, books, artifacts, and more. She earned an MA in Art History and an MS in Information Science at the University of North Texas.

# 31. Personal Financial Management Through the Ages – Compelling Lessons from Literature

- Elizabeth Hubbard

Thursday, October 3: 10:00am – 11:30am Robson Ranch Main Clubhouse

Personal wealth, consumer credit and debt, and personal financial responsibility are themes found in literature. Today's rapidly changing consumer financial landscape often baffles even the most brilliant minds. Classic and contemporary literature is used to help explore personal money management principles and practices including the psychology of money and the wise use of credit, as well as review a few important consumer protection laws that affect consumers today.

Ms. Elizabeth Hubbard is executive director of One Dollar Wiser (1\$W) Consumer Education, Inc. a 501(c)3 non-profit organization whose mission is financial education for all ages. She is a Certified Educator in Personal Finance with an MBA from Pepperdine University. The financial educational curriculum and courses she has developed are reviewed and approved by the United States Department of Justice each year. During the past 8 years she has provide financial education to consumers registered with Texas Department of Rehabilitative Services, Texas Workforce, and individuals across the country who are considering filing personal bankruptcy or who have already filed for bankruptcy protection.

#### 32. Events leading up to the American Revolution: 1773 to 1776 – E.R. Milner

Thursday, October 3: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

A presentation and discussion of British political-colonial arrogance that led Americans to declare their independence.

Dr. E.R. Milner spent 35 years teaching in colleges and universities, including the University of North Texas as a teaching fellow and later as adjunct professor at Tarrant County College as Professor of History, Department Chair, and Editor of *Tarrant County Historical Review* in Fort Worth. He also spent time at Mountain View College as a part timer while completing his PhD at the University of North Texas.

#### 33. Texas Heroes: 1820 to Reconstruction – Tom Tweeddale

Thursday, October 3: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

This period covers the early 1820s to the re-construction era following the Civil War. This course will discuss the battles at the Alamo, Goliad, Gonzales and San Jacinto as well as each of the presidents of the Republic of Texas and the first governors.

The presenter, Mr. Tom Tweeddale, is a veteran airline pilot of 36 years as a domestic and international pilot, and author of *Your Trivia Guide to the USA* geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park. He also has taught people to fly for 48 years.

#### 34. **Human Trafficking** – Laura Avila and Naylee Farjad

Monday, October 7: 10:00am - 11:30am

Marquis Hall 118

Human trafficking is the recruitment, harboring, transporting, or procurement of a person for the purpose of involuntary servitude, slavery, or forced commercial sex acts. It is a form of modern day slavery. This presentation will address how to identify human trafficking in the community. Definitions and examples of human trafficking will be provided, as well as tools for members of our community to identify potential victims.

Ms. Laura Avila joined Opening Doors International Services, Inc. (ODIS) in 2011 after graduating from University of North Texas with a BA in Sociology. As the ODIS Survivor Specialist, she assists clients who seek benefits under the Violence against Women Act, U-Visa processing, and for possible victims of Human Trafficking. Ms. Avila also helps raise awareness about ODIS' services, and in its efforts to educate the public in Anti-Human Trafficking in the North Texas area. Ms. Naylee Farjad joined ODIS Inc. in 2013 as an Immigration Specialist. She has a BA in Political Science, and a MEd from the University of North Texas. Ms. Farjad has over 15 years' experience in the education field, and has since transitioned into an Immigration Specialist position.

#### 35. Denton: Past and Present – Julie Glover

Monday, October 7: 1:00pm – 2:30pm @ Marquis Hall 118

Monday, October 7: 2:45pm — 4:15pm @ Downtown Denton Square

A brief history of Denton with an update on Downtown and how it is evolving. This class involves both a lecture portion and a walking tour of Downtown.

Ms. Julie Glover has a Bachelor of Science in Journalism, and a Masters in Business Administration. She also has 20 years' experience as Historic Preservation Officer and Downtown Development Manager for the City of Denton.

# 36. Treasures of the Amon Carter Museum & Special Exhibit: Hotel Texas: An Art Exhibition for President and Mrs. John F. Kennedy – Bonnie Bassett and Diane Prentice

Tuesday, October 8: 1:00 pm – 2:30pm @ Robson Ranch Main Clubhouse

Friday, October 18: 1:30pm – 2:30pm @ Amon Carter Museum, Fort Worth

This lecture will cover background information on the Amon Carter, such as how the museum was built by architect Phillip Johnson, as well as the early collection – Frederick Remington and Charles Russell, and the acquisitions made after Mr. Carter's death encompassing American art from 1828-1964. The tour on the second week will highlight the permanent collection, as well as a very special exhibit of art which was loaned to the hotel so that the Kennedys could enjoy it in their suite the night before the assassination.

Ms. Bonnie Bassett and Ms. Diane Prentice, both of whom have been docents at the Amon Carter Museum, will conduct the lecture and tour. They are currently members of the Greater Denton Arts Council, and have been for over seven years. Diane was also a docent at the Los Angeles County Museum of Art for 9 years and at the Getty Museum for 2 years.

#### 37. How to Get More "Life" Out of Life – Kirsten Kage

Tuesday, October 8: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

A common sense approach to aging and improving quality of life through conserving, prioritizing and re-directing the gradually diminishing energies inherent in the aging process.

Ms. Kristen Kaae is a Registered Nurse and a Licensed Professional counselor. Using 23 years of experience as a hospice nurse and conducting grief support groups for 15 years, she is a great resource in aging needs. She currently hosts an internet radio talk show on aging and end-of life issues.

#### 38. Origins of the Hebrew God – From Polytheism to Monotheism – Greg Hawk

Wednesday, October 9: 10:00am – 11:30am & 1:00pm – 2:30pm Marquis Hall 118

From the earliest cave paintings and burial sites, to the first recorded creation myths and on to today, humans have grappled with the transcendent, the unknown and evil. These overview lectures will trace the beginnings of religion and the needs it addresses in hunter/gatherer societies in the Middle East, through the evolution of polytheistic religions in increasingly complex agrarian and authoritarian trading societies, on to the beginning of monotheism, first in Egypt and then in the ancient Near East.

Mr. Greg Hawk earned a BA in psychology with a concentration in brain physiology from Moorhead Sate College, and a BS in chemistry from the University of Texas at Austin. He has a lifelong interest in the intersection of religious beliefs, logic and scientific knowledge, and explores how the mind can simultaneously hold mutually exclusive beliefs and how we confront cognitive dissonance. As Director at an environmental consulting company, he uses the scientific method to explore this fascinating subject area.

#### 39. What Has Been Going On in Russia since 1990? - Milan Reban

Wednesday, October 9 & 16: 2:45pm – 4:15pm Marquis Hall 118

This two-session course will discuss recent developments in the former USSR since its collapse two decades ago. Session 1: What is Russian democracy like in Putin's years? What are the social realities, as its demographic decline, of national, ethnic and religious dynamics? How about the economy? Is Russia a petrostate? What are the political and economic prospects? Session 2: Russia's Post-Imperial Realities. What are the outstanding issues in the Near Abroad (old Soviet space) relations? What about the Middle East, South Asia and China in Russian foreign policy? What of the relations with Europe - with EU and NATO and beyond? Russian—US dealings in our time?

Dr. Milan Reban is an Emeritus Professor of Political Science from the University of North Texas. He has hosted some 25-study programs in the region, as leader and study leader, starting with an invitation seminar in Belgrade in 1971, and then many programs in Central Asia, USSR, East-Central Europe (Smithsonian, National Trust for Historic Preservation, SF Museum of Modern Art, Denver and LA Museums of Natural History). Dr. Reban has 40 years of experience teaching and conducting research on and in the region. His interests are rooted in his Czech heritage and escaping Communist Czechoslovakia long ago.

#### 40. Abraham Lincoln – David Plaut

Thursday, October 10: 10:00am – 11:30am & 1:00pm – 2:30pm Robson Ranch Main Clubhouse

This course sketches the life of the 16th President (the consensus "best" President). Considerable time will be devoted to the evolution of his thinking on the question of slavery, especially during the Stephen Douglas debates. Additional time will be spent discussing his role as President during the Civil War.

Dr. David Plaut's background is in medicine, statistics and biochemistry. He writes for two journals, a university, two distance-learning groups and his book on statistics for health care professionals was published in spring 2013.

#### 41. Johannes Brahms: His Life, His Times, His Music – Jervis Underwood

Thursday, October 10: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

Johannes Brahms' music contains some of the deepest emotional depths in the classical period. In this class, the instructor will highlight key moments in Brahm's life that contributed to this depth. Additionally, the instructor will use musical theory to show how the elements of music Brahms used provides this musical depth. In order to show this clearly, excerpts from Brahm's compositions will be played.

Dr. Jervis Underwood is Professor Emeritus of Music from Southern Illinois University, Carbondale. He earned his Bachelors and Ph D from the University of North Texas, while his Masters was earned at the University of Illinois. He has several published compositions and a book, The Centennial History of Phi Mu Alpha Sinfonia Fraternity; numerous articles and reviews of musical publications. He was also Principal Flute, Memphis Symphony for 20 years as well as a solo and chamber music performer.

#### 42. **Explore Your Future** – *Kathy Dreyer and Lin Weinberg*

Mondays, October 14 & 21 and Wednesdays, October 16 & 23: 10:00am – 12:00pm

**NOTE:** Class Materials cost \$35

Marquis Hall 118

Explore Your Future is a life-planning course for individuals over the age of fifty who are looking to take their next steps. It is a personal journey looking back on the following:

- 1) What have been the major influences in your life?
- 2) Who you are now matters for your next chapter
- 3) What do you want in your life?
- 4) How do you get what you want for your life?

Come away with an action plan to follow your passion, find greater meaning, and accomplish your goals.

Ms. Lin Weinberg and Ms. Kathy Dreyer will facilitate the course. Lin Weinberg is a teacher with Emeritus College and Dr. Katherine Dreyer is a gerontologist and works in the University of North Texas's Educational Consortium for Volunteerism.

#### 43. Great Poems by a Great American Poet: William Stafford – Haj Ross

Monday, October 14 & 21: 1:00 pm – 2:30 pm Marquis Hall 118

This class will go over some of the poems of William Stafford, paying microscopic attention to linguistic detail. The poems that will be discusses will include: "Traveling Through the Dark", "Serving with Gideon"," Ask Me", "Nobody Cares", "Are you Mr. William Stafford?" and others. To quote the great poet Gary Snyder, "The true poem is walking that edge between what can be said and that which cannot be said." To understand poetry deeply, we must follow the poet to that edge.

Dr. Haj Ross is a professor of linguistics and poetics at the University of North Texas. He got his AB from Yale, his MA from Penn State, and his PhD from MIT. He worked for 19 years at MIT before coming to teach at the University of North Texas. Haj is interested in all areas of linguistics, and in its interfaces with cognitive science and all forms of art.

# 44. Tattoo and Green Eyebrow: An Insight into the Social Life of the Tang Dynasty – Bei Chen

Mondays, October 14 & 21: 2:45pm – 4:15pm

Marquis Hall 118

This is a brief introduction to the social life of the Tang Dynasty. This includes: dance (i.e.: how and why people enjoy the spiral dance from western land), music (does it sound like the European medieval - Gregorian chant?), food and drink (where to find the best "pizza" in the capital of Tang), fashion (stripe dress and green eyebrow), architecture, painting and tattoo, among other cultural aspects of the Tangs. Frescos and sculptures from Mogao Cave will be presented, along with the Literary Sketches of the Tang dynasty.

Mrs. Bei Chen is a lecturer in Chinese in the World Languages Department at the University of North Texas. She received her Master's Degree in French - Chinese Translation Studies and her second Master's Degree in French Literature.

#### 45. **Principles of Wealth Preservation** – *David Higgins*

Tuesday, October 15: 10:00am – 11:30am Robson Ranch Main Clubhouse

This class is intended for people who worked to build their nest egg and now want to keep it. Basic principles that guide wealth preservation are presented and explained through use of examples, including rules of thumb that help when choosing an investment mix or withdrawing funds; what diversification is and why it is important; why transactions costs, fees, and taxes must be minimized; and how to cope with the danger of price inflation. Several examples will be presented that demonstrate why it is important to rebalance a portfolio periodically and how to approach rebalancing when several asset classes are involved. Attendance at the instructor's earlier classes, "An Introduction to Investment Instruments", and "A Knowledge-based Approach to Portfolio Diversification" will be very helpful, but is not required. Personal investment advice will not be given.

Dr. David Higgins is a retired finance professor. He earned the PhD in Financial Management and Investment Theory at the University of Texas at Austin. He is a Certified Treasury Professional (CTP). David is author of Essentials of Treasury Management (second edition), published by the Association for Financial Professionals. The book constitutes the body of knowledge tested on the CTP credentialing exam, and serves as a desk reference for treasurers.

#### 46. **Amazing Women of Texas** – *Jean Greenlaw*

Tuesday, October 15: 1:00pm – 2:30pm Wednesday, October 30: 1:00pm

- @ Robson Main Clubhouse
- @ Cowgirl Hall of Fame, Fort Worth

This class will explore the lives of women of Texas who have made a difference in the state and beyond. Here are some of the women that will be covered: the early settlers Henrietta King and Molly Goodnight; politicians such as Barbara Jordan, Kay Bailey Hutchison, and Sarah Hughes; businesswomen Mary Kay Ash and Miss Enid Justin; and entertainers Dale Evans and Tad Lucas. Come with the name of one woman of Texas you would add to the list of amazing Texas women. This class will also include an instructor-led tour of the Cowgirl Hall of Fame in Fort Worth, Texas.

Dr. Jean Greenlaw grew up in Pennsylvania and received a BA (1962) and MA (1965) from Stetson University; she earned her doctorate at Michigan State. Jean, an expert in children's literature and reading, taught in public schools and was an active member of the University of North Texas faculty from 1978 until her retirement in 2005. In 1987-88, the University of North Texas awarded Jean the title of "Regents Professor," given to those who have performed outstanding research or teaching; today she holds the title of University of North Texas Professor Emeritus of Teacher Education and Administration.

#### 47. Using Color Psychology to Enrich Your Life – Peggy Higgins

Tuesday, October 15: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

We all have one or two colors that give insight to our soul. Some love the color green, the color of balance that may offer harmony, prosperity and acceptance. Others feel the color blue defines their inner peace, love or emotional depth. The cells of our body react to color, or the lack of it, and research shows how color directly affects us physically, emotionally and mentally. Color also plays a big role in our daily language - we may feel a little blue, look as white as a sheet, be in the pink, have a green thumb and boast we are a red-blooded American. In this lecture you will learn how to play with color, embrace it, and try a little color therapy in your home and in your wardrobe. You will learn to use color to energize or to cool down, to set the mood or to attract attention. Color can be your most powerful design element. With a little practice you will learn to use it effectively.

Peggy Higgins, MS, is an interior designer who worked in residential and furniture manufacturing design for twenty five years. While working with nursing homes to design and enhance their living environments, she enrolled in a senior housing class at the University of North Texas and continued at the University of North Texas to earn degrees in gerontology and medical sociology. Prior to her recent retirement, Ms. Higgins was assistant professor of Health Care Sciences in the School of Health Professions, University of Texas Southwestern, Dallas, and the Director of Education for the Alzheimer's Disease Center at University of Texas Southwestern Medical Center. As Director, she developed national programs for Alzheimer's awareness and conducted workshops with community groups throughout the US. However, experimenting with colors has been a life-long passion. At age 12 her parents allowed her to paint her bedroom multiple colors.

#### 48. Ancient Athens (5th Century BCE): Origins, Government, War, Theater, Socrates

Henry Eaton

Wednesday, October 16 & 23: 1:00pm – 2:30pm Marquis Hall 118

This class will cover the historical background of 5th century Athens. It will include the democratic (in principal) government, as well as warfare, the Persian and Spartan conflicts, the theater, and Socrates.

Dr. Henry Eaton has taught advanced undergraduate courses on Ancient Athens at the University of North Texas, and is widely read in classical Greek works of literature, history, and philosophy.

#### 49. The King and I: Staging a Grand Musical – Janice LaPointe-Crump & Patricia "Pete" Kelly

Thursday, October 17: 10:00am – 11:30am Robson Ranch Main Clubhouse

On March 29, 1951, The King and I opened on Broadway starring the aging diva, Gertrude Lawrence and Mary Martin's husband, director-actor, Yul Brynner. Loosely based on fact, the story of Anna's adventures in Siam during the Civil War period had been a successful film. As history recounts, in 1861, Mongkut, King of Siam, sought a British lady to be governess to the royal children. The British community in Singapore was small so the choice fell on Anna Leonowens, proprietor of a small nursery school in the colony. Leonowens was actually Eurasian and claimed to be the genteel widow of an officer when she arrived in Singapore two years before. She explained her dark appearance by saying she was Welsh. Since few people in Singapore knew what the Welsh looked like, the ruse worked. As in the musical, Leonowens arrived in Bangkok with her five-year-old son, Louis, aboard the Chao Prya, commanded by Captain Orton. Now 61 years later, after the lush film of 1956, with numerous Broadway and West End revivals, Denton Community Theatre will stage a production based on the original script and musical arrangements. Janice LaPointe-Crump, choreographer, and Pete Kelly, director, will share the process of bringing this musical to the stage. If you have always wondered what goes into producing a show in which the director orchestrates a number of artistic voices and artisans, this is your opportunity. They will cite other productions they have done but focus mainly on the history of the show in relation to Orientalism of the 1950s, artistry, music, dance, character development, creativity and decision making that occurs during the exciting production and rehearsal process of this spectacular show.

Dr. Janice LaPointe-Crump is professor emerita of Texas Women University's Dance Department, has choreographed memorable dances, and worked with actors and singers in DCT and Music Theatre Denton productions for many years. Ms. Pete Kelly is a woman for all seasons. She worked professionally in California and Florida before settling in Denton. She is a brilliant scenic designer and an accomplished actor-director. She is a member of the DCT Production Board.

# 50. Sensible Guide to Active Aging, or How to Learn to Stop Worrying and Love to Exercise ... and Why You Should – Jean Seward & Larry Gardner

Thursdays, October 17 & 24: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

This is a two session course. The first will put forth the case for staying active and optimal aging. This concept examines the satisfaction of individual functional performance in the six dimensions of wellness as a better predictor of optimal aging versus medical conditions that one may have. There will be no doom and gloom, only positive reinforcement and acknowledgment that you may be healthier than you think. We will explore the Slippery Slope of Aging and discuss why it is important to stay in the physiological ability "fun" curve of this slope. We will discuss how you can and why you should strive to achieve that goal. We will plan to view The Age of Champions in the second session and talk about how to become a Texercise Champion. The follow up labs will assess strength, flexibility and balance. You will be asked to fill out the World Health Organization's Satisfaction of Life survey and rate your confidence to perform selected activities on the ABC scale.

Ms. Jean Seward, PT, is President, Owner & Program Director of Seniors in Motion, Inc. She is a graduate of the Mayo Foundation School of Physical Therapy and has been practicing in the Denton area for 36 years. Mr. Larry Gardner, PT, ATC, LAT will help lead these sessions.

#### 51. Introduction to Genealogy – Susan Schwartz

Thursdays, October 17 & 24: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

This is a Beginning Genealogy seminar. It will cover how to get started, where to search for records, organization and genealogy software, primary and secondary resources, and a look at the most used online resources and databases. A Denton Public Library card and Pin Number are recommended.

A retired educator and avid genealogist since 1999, Ms. Susan Schwartz has been happily researching numerous family lines. She has taken many genealogy courses, both in person and online, and has attended a number of local, state and national genealogy conferences. She currently serves as President of the Robson Ranch Genealogy Club and as the DAR Benjamin Lyon Chapter Lineage Research Chairperson; conducting courses and mentoring other researchers.

#### 52. Touring Through History with Mementos from the Past

- Nancy Bluemel and Morgan Gieringer

Monday, October 21: 10:00am – 12:00pm

#### Willis Library Rare Book Room

Tour the new rare book room and archives in Willis Library. Then go to the adjacent classroom to see items selected from the archives. Included will be historic and literary works and documents along with moveable books and handmade art books. See the evolution of books, manuscripts and more while seeing the years literally flip by! Please note, space is limited for this class, and this is an active class with some walking involved. This is a repeat course as there is limited space for students – if you enjoyed this class in Spring 2013, please allow other members to enjoy this class.

Mrs. Morgan Gieringer is the head of the Archives and Rare Books at the University of North Texas. Prior to joining the University of North Texas in March 2012, she was the Senior Archivist for the Dole Institute of Politics at the University of Kansas. Dr. Nancy Bluemel, PhD, is a retired school library media specialist, District Library Coordinator, and University adjunct instructor.

#### 53. A Look At U.S. Presidents: Part I, Washington to Lincoln – Tom Tweeddale

Tuesday, October 22: 10:00am - 11:30am

Robson Ranch Main Clubhouse

American history for the trivia buff, based on the succession of the Presidents from Washington to the present. This course is a repeat of the class offered in Spring 2013, and will cover the presidents from Washington to Lincoln.

The presenter, Mr. Tom Tweeddale, is a veteran airline pilot of 36 years as a domestic and international pilot, and author of Your Trivia Guide to the USA geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park. He also has taught people to fly for 48 years.

#### 54. A Look At U.S. Presidents: Part II, Lincoln to Obama – Tom Tweeddale

Tuesday, October 22: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

American history for the trivia buff, based on the succession of the Presidents from Washington to the present. This course continues from Part I (offered in the morning and in Spring 2013), beginning with Lincoln and continuing to current President Barack Obama.

The presenter, Mr. Tom Tweeddale, is a veteran airline pilot of 36 years as a domestic and international pilot, and author of Your Trivia Guide to the USA geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park. He also has taught people to fly for 48 years.

#### 55. Current Topics on the Israeli-Palestinian Conflict – Craig Hunter

Tuesdays, October 22 & 29: 2:45pm – 4:15pm Robson Ranch Main Clubhouse

This class will examine the current situation on the ground in Israel/Palestine, consider the implications of recent political changes, and review some of the recent history. This will lead to a discussion about the prospects for the future of the region. NB: Some of this material may be a review to those who have previously taken courses by this instructor, but much of the material will be new.

Reverend Craig Hunter, pastor of Trinity Presbyterian Church, has been teaching at the Emeritus College since its inception. He has studied, lived, and worked in Israel/Palestine, teaches frequently on the subject, and travels to the region as often as possible.

#### 56. Climate Change: Finding the Line Between Politics and Science – Richard Kitchens

Wednesdays, October 23 & 30: 10:00am – 11:30am Marquis Hall 118

Since President Lyndon Baines Johnson's Administration, scientists have understood that emissions from the burning of fossil fuels could have an adverse impact on the climate. Over the last two decades, we have witnessed a great increase in the scientific understanding of climate change and in the opposition to government action to control it. The principle strategy of those who oppose political action has been to attack the scientists and the science behind climate change rather than to rely on the merits of the political arguments. As a result, the boundary between climate science and politics is blurred, and the subject of climate change is an intensely partisan political issue. In this two-part presentation, Dr. Kitchens approaches the subject from the perspective of an experienced scientist, rather than as a political partisan, to clarify and redefine the line between science and politics.

Dr. Richard Kitchens has been involved in basic science research since 1971. He earned his PhD in 1994 and recently retired as Associate Professor of Internal Medicine/Infectious Diseases at The University of Texas Southwestern Medical Center in Dallas. He has presented his work on innate immunity at national and international conferences and has published extensively in the peer-reviewed literature. Dr. Kitchens and his wife currently live in Denton, and he is enjoying his retirement while pursuing an interest in the study of climatology and related issues.

#### 57. **Discourse of Terrorism** – Richard Wells

Thursday, October 24, and Tuesday October 29: 10:00 am – 11:30am Robson Ranch Main Clubhouse

This class will introduce members to a basic understanding of terrorism, and related matters.

Admiral Dr. Richard Wells is a Professor Emeritus at the University of North Texas. He is a retired Rear Admiral, U.S. Navy, and a former department chairman of journalism at the University of North Texas. He has served as both Superintendent and President of the Naval Postgraduate School in California, and he also served in the Pentagon working for Secretary of the Navy and Chief of Naval Operations. He has continued to work overseas in developing nations as an adjunct faculty member of the Center for Civil-Military Relations at Naval Postgraduate School.

#### 58. The Way to a Happy, Healthy Heart through Humor and Laughter

- Anita Hawley and Anita Washburn

Monday, October 28: 10:00am – 11:30am Marquis Hall 118

Anita Hawley will present the benefits of humor in our everyday life, in sickness or in health. Included in this will be humor's effect on physical, psychological, and physiological well-being. Come prepared! Active participation will be required – come to gain insights and be entertained! Anita Washburn will co-lead this class, introducing exercises of breathing, stretching, and laughing to strengthen core muscles. Laughter exercises provide the benefits of lower blood pressure, lower blood sugar levels, and helps with pain relief. These exercises can be completed while seated, but please wear comfortable clothing for deep breathing.

Ms. Anita Hawley holds two Masters degrees in Education and Gerontology from the University of North Texas. As a school teacher, she utilized humor as an effective learning tool teaching English. She has also used humor in her professional and volunteer work with the elderly population. Ms. Anita Washburn was certified as a Laughter Yoga Leader in June 2012. She has presented programs to three groups at the Denton County Health Department, and currently leads a Seniors in Motion group.

#### 59. Mexican Politics – John Booth

Tuesday & Thursday, October 29 & 31: 1:00pm – 2:30pm Robson Ranch Main Clubhouse

Mexico and its political system today face staggering challenges. As the country is democratizing after 8 decades of authoritarian rule under the Revolutionary Institutional Party, it also faces challenges from a violent armed struggle with and between powerful drug cartels and a serious economic downturn. The first session will examine the political system of Mexico under the PRI and the processes leading to democratization in 2000. The second session will examine the economic challenge, the drug cartels, and their challenge to Mexico today.

Dr. John Booth is a specialist in Latin American politics, and has produced research on Mexico and Central America for approximately 40 years. He has published several books and articles on democracy, political culture, political systems, and revolution in the region, and taught a course on Mexican Politics for 35 years.

#### 60. A Cross-Cultural Traveler's Guide to the Afterlife – Lin Weinberg

Wednesday, October 30: 10:00am – 11:30am @ Marquis 118

Thursday, October 31: 10:00am – 11:30am @ Robson Ranch Main Clubhouse

There are a diverse range of belief systems that all have particular pathways, assumptions, and hopes of life after death. In this course, the instructor will explore these many different routes, providing resources, information, and comparisons to show that despite surface differences, there is a common thread that unites all these different belief systems.

**NB:** This class is repeated at both locations this semester – so please choose one only

Ms. Lin Weinberg holds Masters degrees in English and in Communication, with an undergraduate degree in journalism. In recent years, her interests have been in the areas of spirituality and comparative religion. She has done over 300 hours of study to become a Licensed Unity Teacher. Unity honors all paths to the Mystery we sometimes call God. Unity emphasizes meditation as a means to "seek the deeper understanding which lies within each person." Lin continues her exploration of spiritual paths as she studies yoga, Kabbalah, the Sufi Traditions, as well as the world's major religions.

#### 61. **Gambling 101**– JB Spalding

Thursday, October 31: 10:00am – 11:30am

Robson Ranch Main Clubhouse

This class will cover the basics of probability, highlighting some sure bets that the instructor is sure you can win – unless you happen to bet against him! This is not a class of boring statistics, just some fun experiences from the instructor's background.

Dr. JB Spalding taught statistics in the College of Business at the University of North Texas for 37 years. He assisted with Freshman Orientation for 4 years and did presentations during parents' weekends for parents and their sons/daughters. He is the recipient of the 'Fessor Graham Award, as well as several other teaching awards.



### **Texas Woman's University**

1. Women during World War II Enter the Workforce: Sense of Duty, Service to Country

- Kimberly Johnson

Mondays, November 11 & 18: 2:00pm - 3:30pm

**Location**: TWU Blagg – Huey Library Catherine Merchant Reading Room

Women played a crucial role in World War II. Just as in World War I, the government relied on women to take over men's jobs at home. However, this time, women were also needed to help on the shipyards, air bases, and manufacturing plants. War work brought important changes in women's employment, including part-time work and demands for equal pay. Women's units were set up in many of the armed forces. During WWII, over 400,000 women served in the Armed forces including the WASP, WAVES, SPARS, and WACS. Women pilots were allowed to fly military planes to points of embarkation and tow targets. Women also trained for technical tasks, such as guiding pilots by radio, and operating radar devices, and anti-aircraft searchlights. This seminar will examine the roles women took on to serve their country, how gender-based injustices were considered first steps rather than setbacks, and how women's attitudes transformed the traditional stereotypes they faced in the workplace.

Dr. Kimberly Johnson has coordinated seven oral history programs for the Woman's Collection at Blagg Huey Library including: Woman Air force Service Pilots of World War II, Texas Woman's University Alumni/Faculty, Women in Aviation, Women and Civic Agency, Women's Organizations, the Women Military Aviators, and Whirly Girls International. She also has experience developing oral history programs and conducting interviews. Additionally, she has experience transcribing, editing, and indexing oral history and creating electronic records for public access.

#### 2. Parkinson's Disease: Management, Voice and Swallowing Safety – June Levitt

Thursday, November 14: 2:00pm – 3:30pm

**Location**: TWU ACT 501

Parkinson's disease (PD) is the second most common neurodegenerative disorder after Alzheimer's disease. Individuals with PD commonly experience various types of movement issues that are largely present in the form of reduced movement amplitudes. Because speech production and swallowing require coordinated movements of our organs, PD also affects our speech and swallowing functions. In this lecture, we will discuss how we could address weakened voice and difficulties in swallowing that are associated with Parkinson's disease.

Dr. June Levitt earned her master's degree in Applied Cognition and Neuroscience and doctoral degree in Communication Sciences and Disorders from the University of Texas at Dallas. She is a licensed speech and language pathologist (CCC---SLP).

#### 3. Using Your Brain Across the Lifespan – Delaina Walker-Batson

Friday, November 15: 2:00pm - 3:15pm

**Location**: TWU ACT 501

This class will include an overview of brain plasticity across the lifespan ways to keep brain healthier, successful aging to 100.

Dr. Delaina Walker–Baston is a full professor at Texas Woman's University and has been on the faculty for over 30 years. She also has clinical appointments in Neurology and Radiology at UTSW Medical Center, Dallas. She is currently Director of the Texas Woman's University Strole Center – Dallas. Her research has focused on using drugs and noninvasive brain stimulation to enhance recovery from language and motor deficits after stroke. She has had funding from NIH, the Texas Advanced Research Program, The Moody Foundation and the Mobility Foundation for her research. She is interested in healthy aging.

#### 4. English Medieval Architecture: Romanesque and Gothic – John Calabrese

Thursdays, December 5 & 12: 1:00pm – 2:30pm

**Location**: TWU Art West Gallery

This class will include an overview of Norman Romanesque and Gothic examples of cathedral development in Britain from around 1060 to the 15th Century.

Dr. John Calabrese is a Texas Woman's University Full professor of Art History, Aesthetics, Film History and Art Histories Studies Abroad Program.