

## **University of North Texas**

1. An Introduction to Investment Instruments (Class 1 of 2) – David Higgins

Tuesday, February 5: 10:00 am - 11:30 am

The class will focus on characteristics of the most common forms of market investments, how they are valued by security markets, and their safety and return potential relative to one another. Participants will learn the difference between a security and an instrument, the objective difference between an investment and a speculation, the types of investment risk and how these risks are measured, and how to assess the riskiness of expected cash inflows from various types of instruments.

David P. Higgins is a retired finance professor. He earned the Ph.D. in Financial Management and Investment Theory at the University of Texas at Austin. He is a Certified Treasury Professional (CTP). David is author of Essentials of Treasury Management (second edition), published by the Association for Financial Professionals. The book constitutes the body of knowledge tested on the CTP credentialing exam, and serves as a desk reference for treasurers.

2. **A Knowledge-based Approach to Portfolio Diversification** (Class 2 of 2) – *David Higgins* Tuesday, February 5: 1:00pm – 2:30pm

Historical rates of return on asset classes will be reviewed along with the investment risks of the classes. Participants will acquire an understanding of how diversification occurs when asset classes are combined to form a portfolio, how inflation affects real returns over time, and how to identify investment needs appropriate to their personal financial condition. Important factors to consider when selecting an investment advisor will be discussed. Persons interested in this class are strongly encouraged to attend the "An Introduction to Investment Instruments" class that precedes it. Material covered in that class will not be reviewed. This class is most appropriate for mature people who have built an asset base, are relatively secure financially, and seek a framework for thinking about how to deploy their assets sensibly to preserve value and an income stream. It is not appropriate for people who want to know how to build wealth over time by investing in securities markets. Personal investment advice will not be given.

David P. Higgins is a retired finance professor. He earned the Ph.D. in Financial Management and Investment Theory at the University of Texas at Austin. He is a Certified Treasury Professional (CTP). David is author of Essentials of Treasury Management (second edition), published by the Association for Financial Professionals. The book constitutes the body of knowledge tested on the CTP credentialing exam, and serves as a desk reference for treasurers.

#### 3. Trees: How They Grow, What They Do, and How to Care for Them - Don Smith

Tuesday, February 5 & Thursday, February 7: 2:45pm-4:15pm

This class will provide an overview of the botany of trees, and explain how problems can arise and how to prevent them from occurring. The value of trees in a landscape will be discussed, as well as watering, fertilizing, and pruning. Finally, Dr. Smith will cover how and when to plant a tree, as well as how to select trees for your landscape.

Dr. Smith was a University of North Texas Botany professor for 44 years, teaching 17,000 students freshman botany over 149 classes. He also operated a tree pruning and removal business for 35 years, and invented a treatment for low growth trees, especially post oak that go into decline when encroached. He is a consultant for tree problems, and for evaluating of trees. He enjoys Fall color, and is an expert in this area.

#### 4. Religion and Politics in the Bible - David S. Shields

Thursdays, February 7 & 14: 10:00 am – 11:30 am

Tensions between religious and political structures and leaders are not new. This course will explore such dynamics in both the Old and New Testaments, identifying some of the basic forces at work in these tensions and drawing some learnings and implications for our contemporary situation using some modern Biblical scholarships to help us understand them.

David S. Shields is a retired Presbyterian Minister. He began his career as a pastor in Skiatook, OK and Oklahoma City, OK. He then served in staff positions in New Jersey, New York City, Indiana, Illinois and Minnesota. Following retirement he served as an Interim Pastor in St. Paul, MN. After moving into the Denton area, he has taught classes in Science and Theology and the Reformation at his home church, Trinity Presbyterian, as well as a course on Religion in the Public Square for the Emeritus College and First United Methodist Church.

### 5. **Debriefing the 2012 Elections** – *Patti Richard*

<u>Thursday, February 7: 1:00 pm – 2:30 pm</u>

We will explore the outcomes of the 2012 presidential and congressional elections, seeing how they compare with past elections and what they may suggest about future ones. We will "unpack" the roles of voter turnout, the Electoral College, Super PACs, the gender gap, and the changing demography in the country.

Dr. Richard was a Trustee Professor of Political Science at Ohio University (retired 2012); taught courses in Elections and Campaigns; in her scholarly work, Dr. Richard has written extensively about democracy, elections, and campaigns and about reproductive rights. Dr. Richard earned her Ph.D. in Political Science from Syracuse University.

## 6. Making The King and I - Janice LaPointe-Crump & Patricia "Pete" Kelly

Tuesday, February 12: 10:00 am - 11:30 am

On March 29, 1951 The King and I opened on Broadway starring the aging diva, Gertrude Lawrence, and director-actor, Yul Brynner, who was urged to audition by another Broadway legend, Mary Martin. Loosely based on fact, the story of Anna's adventures in Siam during the Civil War period had been a successful film. As history recounts, in 1861, Mongkut, King of Siam, sought a British lady to be governess to the royal children. The British community in Singapore was small so the choice fell on Anna Leonowens, proprietor of a small nursery school in the colony. Leonowens was actually Eurasian and claimed to be the genteel widow of an officer when she arrived in Singapore two years before. She explained her dark appearance by saying she was Welsh. Not knowing what the Welsh looked like, the ruse worked. As in the musical, Leonowens arrived in Bangkok with her fiveyear-old son, Louis, aboard the Chao Prya, commanded by Captain Orton. Now 61 years later, after the lush film of 1956, with numerous Broadway and West End revivals, Denton Community Theatre will stage a production based on the original script and musical arrangements. Janice LaPointe-Crump, choreographer, and Pete Kelly, director, will share the process of bringing this musical to the stage. If you have always wondered what goes into producing a show in which the director orchestrates a number of artistic voices and artisans, this is your opportunity. They will cite other productions they have done but focus mainly on the history of the show in relation to Orientalism of the 1950s, artistry, music, dance, character development, creativity and the decision-making that occurs during the exciting production and rehearsal process of this spectacular show.

Janice LaPointe-Crump is professor emerita of Texas Woman's University's Dance Department, has choreographed memorable dances, and worked with actors and singers in DCT and Music Theatre Denton productions for many years.

Patricia Kelly, is a woman for all seasons. She worked professionally in California and Florida before settling in Denton. She is a brilliant scenic designer and an accomplished actordirector. She is a member of the Denton Community Theatre Production Board.

#### 7. **Spring into Spring** – Jean Seward

#### Tuesdays, February 12 & 19: 1:00 pm – 2:30 pm

The Seniors in Motion class will be titled *Spring Into Spring*. The class will help get seniors ready physically for Spring and Summer activities. There will be two lectures taught that stress physical evaluation from a Physical Therapist's view, and individual work out. After the two lectures a follow up balance lab will be offered at two different times at Senior In Motion's work out facility. The class will be taught by Jean Seward PT, Katie Aldis PTA, and Drew Naizer.

These classes will examine the factors involved in falls and balance problems, ranging from muscle weaknesses and physical conditions to confidence and environmental issues. Part I is the lecture portion. In order to participate in Part II, you will need to have attended both sessions of Part I. The lab will be held at Seniors In Motion, 111 Industrial St in Denton, and more information will be provided at the first lecture section.

Jean Seward, P.T., is President, Owner & Program Director of Seniors in Motion, Inc. She is a graduate of the Mayo Foundation School of Physical Therapy and has been practicing in the Denton area for 36 years.

#### 8. Lawn Care 101 - Don Smith

#### Tuesday, February 12 & Thursday, February 14: 2:45 pm- 4:15 pm

What do you have to do to have a good lawn? Three things: Mow properly, water properly, and fertilize properly. There's much more to it than just listing the three major management practices. What do you want in a lawn? How much do you want to spend/work on it? What are the pest problems? If you understand the botany of lawns, you can decide to live with what you can do easily or you can make it into a project for being the pride of the neighborhood. We will cover how to do several levels of complexity and lushness in your lawn. We will cover what to do in the spring, the summer, and the fall. We will also go over how to keep it healthy through winter.

Dr. Smith was a University of North Texas Botany professor for 44 years, teaching 17,000 students freshman botany over 149 classes. He also operated a tree pruning and removal business for 35 years, and invented a treatment for low growth trees, especially post oak that go into decline when encroached. He is a consultant for tree problems, and for the evaluation of trees. He enjoys Fall color, and is an expert in this area.

#### 9. Frameworks for the Arab Spring – Nancy Stockdale

Thursday, February 14: 1:00 pm -2:30 pm

This class will give students some historical and contemporary background/analysis about why and how the Arab Spring happened. The focal countries will be Egypt, Libya, and Tunisia; and will give historical background on each country related to revolution and social/political structures, as well as bring it up to the present day. Some postulation on future outcomes for the region will also be included.

Dr. Stockdale is an Associate Professor of Middle Eastern History at the University of North Texas. She received her Ph.D. from the University of California at Santa Barbara, and is the author of *Colonial Encounters Among English and Palestinian Women, 1800-1948*. She is currently writing a book about representations of the Middle East in American and British entertainment over the past 150 years, and is a specialist in issues of gender, colonialism, empire, and cross-cultural encounters in Middle Eastern History.

#### 10. Tethyan Realm: An Archaeologist's Journal 1969-2012 – Reid Ferring

Tuesdays, February 19 & 26 and Thursday, February 21: 10:00 am - 11:30am

In response to comments from past classes, the instructor will reflect on his travels and archaeological investigations over his career- all in the bounds of the ancient Tethys Sea (from Texas to Georgia). Starting with Texas, the instructor will trace his five years as a student in Israel, then Portugal, Ukraine and lastly his continuing work in the republic of Georgia (in Europe). The lectures will illustrate the discoveries and archaeological issues ranging from the First Americans to Ice Age Europe, to the first villages in the Near East, and lastly to, the earliest human occupations of Eurasia. Along the way, he will reflect on the landscapes, cultures and friends encountered, and how they have enriched his professional life.

Dr. Ferring has been on the University of North Texas faculty since 1978. He earned PhDs in Archaeology and Geology, and has been actively engaged in research in the areas described above for the majority of his life.

#### 11. A Deep Look At Two Poems: The Art and The Language – Haj Ross

Tuesdays, February 19 & 26: 2:45 pm – 4:15 pm

We will look in painstaking detail at two poems – one by Dylan Thomas, one by W. S. Merwin. We will study what it is that poets must do with the sounds of English, with their words, their phrases and clauses, and their images and meanings to forge works of art that can talk of things that escape language, that are ineffable. To quote the great poet Gary Snyder, "The true poem is walking that edge between what can be said and that which cannot be said." To understand poetry deeply, we must follow the poet to that edge.

Haj Ross is professor of linguistics and poetics. He earned his degrees at Yale (BA), Penn (MA), and Ph.D. at MIT. He worked 19 years at MIT before coming to UNT, and is interested in all areas of linguistics, and its interfaces with cognitive science and all forms of art.

### 12. A Close Look at Disaster Relief from Responder's Point of View - Martin E Thornton

Thursdays, February 21 & 28: 1:00 pm – 2:30 pm

This class will cover what disaster relief looks like, personal recollections of deployment to the recent Superstorm Sandy devastated area, or how to prepare for disasters at home.

Dr. Martin Thornton earned his degrees from the University of North Texas in 1977 and in 1982, and served a rotating internship in Detroit, Michigan. He is a professional member of several medical boards and associations, and has spent the last decade as a featured speaker and lecturer across the world on many medical scenarios. He recently completed a term as Denton County Health Authority Clinic Director and is currently working in the Magnolia Hospital Emergency Department in Frisco, Texas.

#### 13. Honest Broker? United States and the Israeli-Palestinian Conflict – Craig Hunter

Thursdays, February 21 & 28 and March 7: 2:45 pm – 4:15 pm

This class will focus on the history of the relationship between the United States and the various actors in the Israeli-Palestinian conflict. It will track the growth of the special relationship between the United States and Israel, and consider what role the United States has played (and continues to play) in mediating the Israeli-Palestinian conflict.

Rev. Hunter, pastor of Trinity Presbyterian Church, has been teaching at the Emeritus College since its inception. He has studied, lived, and worked in Israel/Palestine, teaches frequently on the subject, and travels to the region as often as possible.

#### 14. Explore Your Future – Amma Cottrell with Lin Weinberg & Kathy Dreyer

Mondays, February 25 & March 4 + Wednesdays, February 27 & March 6: 10:00am–12:00pm Located: 1316 E McKinney St, Denton: Note: 4 sessions; Materials cost of \$25

Explore Your Future is a life planning course for individuals age 50+ who are looking to take their next steps in life. It is a personal journey looking back on 1) What have been the major influences in your life? 2) Who you are now matters for the next chapter 3) What do you want? 4) How do you get what you want? Come away with an action plan to follow your passion, find greater meaning, and accomplish your goals.

This course requires a handbook (\$25), and attendance is required at all sessions.

Lin Weinberg and Kathy Dreyer will facilitate the course. Lin Weinberg is a teacher with Emeritus College and Dr. Katherine Dreyer is a gerontologist and works in the University of North Texas's Educational Consortium for Volunteerism.

#### 15. Financial Fraud - Scam Awareness - Brandon Hobon

Tuesday, February 26: 1:00 pm – 2:30 pm

Scams are all around us, and there is someone right now who wants to take your money from you. Is that "special offer" you received really that good? What about that phone call from your friend who needs financial help, was it really him/her? This class will provide an overview of the current scams and explain the various components of the scam. The class will be asked to provide feedback on personal experiences. At the end of the presentation, the participants will be encouraged to share this information with their friends and family as education and awareness is the best defense in stopping those who wish to con us.

Office Hobon has been a police officer with the Denton Police Department for 16 years, with the last 7 years spent as a criminal investigator specializing in financial crimes. He is a Certified Fraud Examiner, and a Certified Financial Crimes Investigator, and has advanced training in numerous financial crimes related areas that include elder exploitation, money laundering, credit/debit card abuse, forgery, and identity theft.

### 16. Proposed Scenarios to Meet America's Energy Needs to 2050 – Ken Dickson

Thursday, February 28: 10:00 am - 11:30 am

This class will be a facilitated discussion of different energy scenarios to meet America's future energy needs between now and 2050 as proposed by energy companies, environmental organizations, governmental agencies, "energy experts", futurists, politicians, people like Bill Gates, and members of the class.

Dr. Dickson is Dean of the Emeritus College and taught environmental science for 32 years at the University of North Texas. His areas of teaching and research included water quality, water pollution, water resources management, fate and effects of chemicals in the aquatic environment, sustainability, land resource management, energy, green building and sustainable agriculture. In retirement, he and his wife Jan raise grass feed beef, grow an organic garden, travel, enjoy the outdoors and nature, do volunteer work, and enjoy the rich community and cultural life of Denton with our family and friends.

## 17. Don't Get Sold: How to Pick an Advisor & Make Sense of Financial Products – Kyle Deatherage Tuesday, March 5: 10:00 am – 11:30 am

Most of us pick an advisor by default. Come to class to determine what you should be asking your existing advisor or the right questions to ask when you are interviewing prospective advisors. Once you are comfortable with an advisor, how do you make sense of the products available to purchase? Come to class to learn the benefits and drawbacks of all types of financial instruments. Annuities, mutual funds, ETFs, UITs, REITs, separately managed accounts and more.

Kyle Deatherage is an independent financial planner with NFP securities and President of Deatherage Financial Consulting. He has held the certified financial planner designation since 1997.

### 18. Improve Your Hearing: Amplification Technologies Explained – Lana Ward

Tuesday, March 5: 1:00 pm - 2:30 pm

An overview and demonstration of devices that are available to individuals with hearing loss and/or symptoms of tinnitus (ringing in the ears). Covering things to consider when purchasing a hearing aid; styles and technologies available, benefits and limitations of amplification, and listening devices.

Dr. Lana Ward is a clinical audiologist, who holds a current Texas license in audiology and is certified by the American Speech and Hearing Association (ASHA). She teaches graduate courses in the Department of Speech and Hearing Sciences at the University of North Texas and works directly with patients from birth to geriatrics as she supervises Au.D students at the University of North Texas Speech and Hearing Center.

#### 19. What to Say – How to Comfort – Kirsten Kaae

<u>Tuesday, March 5: 2:45pm – 4:15 pm</u>

Communication in times of crisis. Have you ever avoided someone you cared about because you felt awkward and did not know what to say? How do you reach out without offending? Explore and become aware of your own discomforts. Learn how to find your own words so you can overcome your fear of "saying the wrong thing". Become a good listener. Learn how to offer and provide support in ways that are helpful without being intrusive. Learn how to be there!

Kristen Kaae is a Registered Nurse and a Licensed Professional counselor. She has 23 years of experience as a hospice nurse, and has conducted grief support groups for 15 years. She currently hosts an internet radio talk show on aging and end-of life issues.

#### 20. Tell Me Another: Grandparents as Storytellers – Fran Stallings

Thursday, March 7: 10:00 am – 11:30 am

Family stories tell children where they come from and who they are. Tales about grandparents' and parents' growing-up experiences transmit family values and expectations as well as preserving history. Adults can also use made-up stories to help children deal with problems and change. Children need to hear stories told one-one, from the heart. This workshop will show you how.

Professional storyteller Fran Stallings grew up in a storytelling family and learned the art raising her two youngest brothers. She and her husband used family stories raising their own son and daughter. Now Fran travels nationwide and overseas, performing and teaching others.

# 21. **Touring Through History with Mementos from the Past** – *Nancy Blumel & Morgan Davis*Thursday, March 7: 1:00 am – 2:30 pm

Tour the new rare book room and archives in Willis Library. Then go to the adjacent classroom to see items selected from the archives. There will be historic and literary works and documents included along with moveable books and handmade art books. See the evolution of books, manuscripts and more while seeing the years literally flip by! Please note, space is limited for this class, and this is an active class with some walking involved. The whole class will take place in Willis Library, located behind the Union.

Morgan R Davis is the head of Archives and Rare Books at the University of North Texas. Prior to joining the University of North Texas in March 2012, she was the Senior Archivist for the Dole Institute of Politics at the University of Kansas. Nancy Bluemel, Ph.D., is a retired school library media specialist, District Library Coordinator, and university adjunct instructor.

# 22. Transcendentalism and the New Thought Movement in America: Continuing Influences and Openings to Spiritual Exploration – *Lin Weinberg*

Tuesdays, March 19 & March 26: 10:00 am – 11:30 am

During the mid-19th Century to Early 20th Century, spiritual movements arose in America, which have continuing influences in the larger culture today. The first to arise was the Transcendental Movement center in New England with legendary leaders such as Ralph Waldo Emerson, Henry David Thoreau, and Bronson Alcott. Following this flowering of spiritual exploration, other movements arose which have collectively been dubbed, "New Thought". These movements included the Church of Religious Science, Unity, Church of Divine Science, and the Christian Scientist. The New Thought Movement was characterized by an emphasis on the nature of healing and health; a bringing together of Western and Eastern ideas about the Nature of Ultimate Reality; and, ways new to the West for spiritual exploration. These ways included Meditation and Affirmative Prayer, among others. In our classes, we will take up these movements, with an eye to what we might glean from them that we can use in our own lives to be healthier, more peaceful, and to explore what might lie beyond our thinking in our deeper intuition. You will be given an opportunity to try meditating in class and at home and will have opportunities in class to discuss your experience, obstacles, etc. Meditation practice is optional.

Lin Weinberg holds masters' degrees in English and in Communication, with an undergraduate degree in journalism. In recent years, her interests have been in the areas of spirituality and comparative religion. She has done over 300 hours of study to become a Licensed Unity Teacher. Unity honors all paths to the Mystery we sometimes call God. Unity emphasizes meditation as a means to "seek the deeper understanding which lies within each person." Lin continues her exploration of spiritual paths as she studies yoga, Kabbalah, the Sufi Traditions, as well as the world's major religions.

#### 23. Gambling 101/ Using Probability - J. B. Spalding

Tuesdays, March 19: 1:00 pm – 2:30 pm

This class will cover the basics of probability, highlighting some sure bets that he is sure you can win – unless you happen to bet against him! This is not a class of boring statistics, just some fun experiences from the instructor's background.

JB Spalding taught statistics in the College of Business at the University of North Texas for 37 years. He assisted with Freshman Orientation for 4 years and did presentations during parents' weekends for parents and their sons/daughters. He is the recipient of the 'Fessor Graham Award, as well as several other teaching awards.

#### 24. Pain Management – Kirsten Kaae

#### Tuesday, March 19: 2:45 pm – 4:15 pm

What it does to you, and what you can do about it. There are many ways to reduce or eliminate daily pain: Some are things you can do and some require a professional health care provider. The major barriers to living pain-free are misconceptions, pride, fear of pain medications, and fear and misconceptions about addiction. Don't let pain steal your joy!

Kristen Kaae is a Registered Nurse and a Licensed Professional counselor. She has 23 years of experience as a hospice nurse, and has conducted grief support groups for 15 years. She currently hosts an internet radio talk show on aging and end-of life issues.

### 25. Care for Your Hearing: Devices to Manage Tinnitus Symptoms – Ami Muncy

Thursday, March 21: 10:00 am – 11:30 am

An overview and demonstration of devices that are available to individuals with hearing loss and/or symptoms of tinnitus (ringing in the ears). This class will cover the symptoms and causes of tinnitus, the tinnitus evaluation process, and the device options for treating Tinnitus symptoms.

Dr. Ami Muncy is a clinical audiologist, who holds a current Texas license in audiology, and is certified by the American Speech and Hearing Association (ASHA). She teaches graduate courses in the Department of Speech and Hearing Sciences at the University of North Texas and works directly with patients from birth to geriatrics as they supervise Au.D. students at the University of North Texas Speech and Hearing Center.

# 26. The Role of Near-Death Experiences, Deathbed Visions, and After-Death Communication in Grief and Grief Counseling – *Jan Holden*

Thursday, March 21 & 28: 1:00 pm- 2:30 pm

In the first class, a PowerPoint presentation will present current research on the nature of grief; define and give examples of near-death experiences, deathbed visions, and after-death communication; and review the extent to which anecdotal and research evidence indicates the effect of these experiences on grief. The audience participants will be invited to ask questions throughout the presentation. In the second class, audience participants can describe their own experiences with these three phenomena — whether personal experiences or experiences of others whom participants know — and the effect of these experiences on their own and/or others' grief.

Dr. Jan Holden is Professor of Counseling and Chair of the University of North Texas's Department of Counseling and Higher Education in the College of Education. Since achieving her Ed.D. and joining the University of North Texas faculty in 1988, her primary area of scholarly inquiry has been transpersonal experiences – those that transcend the usual personal limits of space and/or time – and their role in an understanding of human consciousness, in human development, and in counseling.

#### 27. Claude Debussy – New Rules – T Jervis Underwood

Thursday, March 21: 2:45 pm – 4:15 pm

Debussy represents a crossroad in Western music history, as he was the first important modern composer to break with the basic traditions of harmony, melody, rhythm, and musical form. It is inevitable that there will be some discussion of music theory, but it will be taught as clearly and simply as possible. A brief outline of Debussy's life will be included in this discussion.

Dr. Underwood is Professor Emeritus of Music from Southern Illinois University, Carbondale. He earned his Bachelors and Ph.D. from the University of North Texas while his Masters was earned at the University of Illinois. He has several published compositions and a book, *The Centennial History of Phi Mu Alpha Sinfonia Fraternity*; numerous articles and reviews of musical publications. He was also Principal Flute of the Memphis Symphony for 20 years as well as a solo and chamber music performer.

## 28. **Bernini: 17<sup>th</sup> Century Master Sculptor** – Bonnie Bassett and Diane Prentice

Tuesday, March 26: 1:00 pm – 2:30 pm (Lecture)

Wednesday, March 27: Kimball Art Museum Tour (\$14 for over 60s; limit 30)

This lecture will prepare the audience for the tour of the Bernini Exhibit at the Kimball Museum scheduled for March 27, 2013. The course will give background information on Bernini, his method of making terracotta models for marble statues and will discuss some of the works to be seen in the Kimball Exhibit as well as other sculptures in Rome. The Bernini Exhibition opens at the Kimball Art museum and will be \$14 for over 60 year olds; \$16 for under 60 year olds. This tour is limited to 30 people. Transportation is on your own.

Bonnie Bassett and Diane Prentice are docents at the Amon Carter Museum, and were formerly docents at the Greater Denton Arts Council, for over 6 years. Diane was also a docent at the Los Angeles County Museum of Art for 9 years and the Getty Museum for 2 years.

#### 29. Making Sense of How We Die – Kirsten Kaae

<u>Tuesday, March 26: 2:45 pm – 4:15 pm</u>

Understanding the final journey. Almost all of the changes seen during the final weeks and days of a person's life can be understood as a function of gradually diminishing energies, coupled with the body's natural tendency to conserve and prioritize those energies. When energy resources are limited, some things simply have to go. Breathing becomes more important than digesting food. This is not a conscious decision, it simply happens. Understanding. Understanding this can greatly reduce the anxiety inherent in facing the unknown.

Kristen Kaae is a Registered Nurse and a Licensed Professional counselor. She has 23 years of experience as a hospice nurse, and has conducted grief support groups for 15 years. She currently hosts an internet radio talk show on aging and end-of life issues.

### 30. Meet Robert and Elizabeth Barrett Browning – J Don Vann

Thursday, March 28: 10:00 am – 11:30 am (Lecture)

Wednesday, April 3: 8:00am – 2:00pm (Browning Library Visit, \$40)

This is an introduction to the lives and some of the writings of two of Victorian England's most fascinating poets, including their whirl wind courtship and thrilling elopement. Elizabeth was probably the most popular and most widely-read poet in the early 19th century. Robert is considered today as a great innovator and student of human psychology. If you do not know the works of these two, you are in for a delight. And if you do, come and renew your acquaintance. This course also has an **optional** guided field trip to the Browning Library at Baylor University, Waco. This trip will cost \$40, to cover the bus expense.

Dr. Vann was a teacher of Victorian literature at the University of North Texas for forty years, is a student of the works of Robert Browning, and author of scholarly articles on Browning's poetry and drama. He was awarded an internship at the Armstrong-Browning Library, Baylor University, in 1992.

#### 31. Mexican & Latin American Politics and Democracy – John Booth

Thursdays, March 28 & April 4: 2:45 pm – 4:15 pm

Mexico and its political system today face staggering challenges. As the country is democratizing after 8 decades of authoritarian rule under the Revolutionary Institutional Party, it also faces challenges from a violent armed struggle with and between powerful drug cartels and a serious economic downturn. The first session will examine the political system of Mexico under the PRI and the processes leading to democratization in 2000. The second session will examine the economic challenge, the drug cartels, and their challenge to Mexico today.

John A. Booth is a researcher and consultant on Latin American politics, having retired as Regents Professor of political science from the University of North Texas in 2011. He earned his BA from Rice University in 1970, and earned his MA and Ph.D. from the University of Texas at Austin between 1972 and 1975. His published research focuses on attitudes toward democracy and democratic change in Latin America and on political violence and revolution in Central America. He is affiliated with the Latin American Public Opinion Project Americas Barometer 2010 and 2012 public opinion survey rounds, and has consulted and lectured on democratization, revolution, and Central American politics, and as a political risk consultant for the Department of State, other government agencies, interest groups, foundations, and corporations and several universities. He is the author or co-author of *Understanding Central America*, (5<sup>th</sup> ed., 2010), *The Legitimacy Puzzle in Latin America* (2009), *Costa Rica: Quest for Democracy* (1998), and *The End and the Beginning: The Nicaraguan Revolution* (revised 2<sup>nd</sup> ed. 1985).

# 32. The Twentieth Century and the Birth of the Third or Fourth Republic? – *Donald Pickens* Tuesday, April 2: 10:00 am – 11:30 am

This lecture will explore current trends in American art, religion, and war to discern and discuss which Republic the United States of American is currently in: is it the Third, or is it the Fourth?

Dr. Donald Pickens is an Emeritus Professor of History and was a University of North Texas faculty member from 1965 to 2005. He earned his Ph.D. from the University of Texas at Austin, and he is widely published with three books printed, many professional articles, and a forthcoming book on Abraham Lincoln.

### 33. Elder Law Boot Camp – Richard Barron

### Tuesdays, April 2, 9, & 16; 1:00 pm – 2:30 pm

The classes are designed to educate senior citizens and/or families on some of the common legal mistakes, myths and concerns related to aging. Information covered includes wills, powers of attorney (financial and medical), advance healthcare directives, trusts, legal asset protection, government benefits (Veteran's Benefits and Medicaid) and probate issues. In general, the class will give an overview of how to navigate the healthcare and benefits maze of aging.

Richard M. Barron, JD has been a member of the State Bar of Texas since 1981 and is an accredited attorney with the Department of Veterans Affairs. He is a member of the National Academy of Elder Law Attorneys. His law firm was established in 1991 and serves the North Central Texas area, and he received his BBA from SMU and Law Degree from Texas Tech.

#### 34. Massive Migrations 1945-1950 in Central & Eastern Europe – Milan Reban

Tuesdays, April 2 & 9: 2:45 pm -4:15 pm

Millions of people were moving during this upheaval of unprecedented scale. Vast numbers fled from the advancing Red Amy, especially ethnic Germans from their eastern enclaves, including Prussia and Transylvania. Nearly 10 million were forcibly removed from Poland and Czechoslovakia after the war. Border changes from Finland to the Balkans meant that hundreds of thousands in Karelia moved to Finland, and nearly 10 million were removed from Poland and Czechoslovakia. Added to this mix, often in West Germany, were found the survivors of the Holocaust and tens of thousands of political refugees from the emerging Communist East. What happened to all these people? What was the role of international agencies and the U.S? And, what is the continuing legacy of these population shifts in Europe today?

Dr. Reban experienced first-hand some of these momentous events and later lived in a political refugee camp in Germany, ultimately emigrating to United States. He has studied various aspects of the widespread displacement of European peoples.

## 35. The American Musical – Theatre, Film, and Television, 1866 to Present – Max Morley Thursdays, April 4 & 11, Tuesday, April 9: 10:00 am – 11:30 am

This class will be an audio-visual lecture of the American Musical from 1866 to the present. It will feature discussions of more than 90 musicals, their composers, lyricists, actors, actresses, and especially the music. Expect to hear interesting information and the best songs from the past 100 years from the American Musical.

Dr. Max Morley retired from the School of Music at Stephen F. Austin State University in 2009. He held three positions at SFA: 20 years as trumpet specialist; 15 years in Arts Programming and Development; and five years teaching music history and literature. He holds the degrees, BM, MM, and DMA from the University of North Texas.

#### 36. Pompeo Coppini and Texas History – Richard McCaslin

Thursday, April 4: 1:00 pm – 2: 30 pm

Pompeo Coppini was an Italian sculptor who made his way to San Antonio by the start of the twentieth century. Hired to complete a Confederate monument on the grounds of the state Capitol, the never-shy Coppini soon forged a reputation as the best sculptor in Texas for those who wished to honor the Lost Cause. Ironically, he also became the favorite of state leaders who wished to change the historical focus of Texans from the Confederacy to the Republic of Texas. Coppini's Alamo Cenotaph and monuments to Republic statesmen such as Sam Houston remain popular favorites. By reviewing his work, one gains a good insight into how the remembrance of Texas's past evolved during the first half of the last century. This course could be followed by a tour led by Dr. McCaslin to key examples in San Antonio and Austin. This trip will be voluntary, and at extra cost; to cover hotel and transportation primarily.

Richard B. McCaslin is a professor and chair of the Department of History at the University of North Texas. He is the author or editor of sixteen books, including *Tainted Breeze: The Great Hanging at Gainesville, Texas, October 1862* (LSU, 1994), which won the Tullis Prize and a commendation from the AASLH, and *Lee in the Shadow of Washington* (LSU, 2001), which was nominated for a Pulitzer and won the Slatten Award and Laney Prize. His most recent book is *Fighting Stock: John S. "Rip" Ford of Texas* (TCU, 2011), which won the Pate Award.

### 37. Two Plays by Edward Albee – Alex Pettit

Fridays, April 5 & 12: 10:00 am – 11:30 am

An in-depth and, hopefully, diverting consideration of two of the most famous plays of Edward Albee (b. 1928): the Tony Award winning *Who's Afraid of Virginia Woolf* (1962) and the Pulitzer Prize winning *Three Tall Women* (1991). Each class will begin with 30-45 minutes of lecturing and will conclude with an open and presumably wide-ranging discussion. If past is prologue, the mood will be jovial.

Alex Pettit, a 21-year veteran of the University of North Texas English department, is currently, although not concurrently, writing about Tennessee Williams, Eugene O'Neill, Suzan-Lori Parks, and Native American drama. His most recent book is a scholarly edition of Samuel Richardson's miscellaneous prose for Cambridge University Press (2011).

#### 38. Shakespeare's Othello - Jacqueline Vanhoutte

#### Fridays, April 5 & 12: 1:00 pm - 2:30 pm

This class provides an introduction to the major themes of Shakespeare's *Othello*, one of the most frequently performed (and filmed) plays in his repertoire. We will look at some causes for the play's enduring appeal, including its preoccupation with "modern" themes like race, class, and gender; and its pioneering, in the character of lago, of a new and influential way of thinking about and representing evil. Students should come to class having read the play and/or having seen a recent production or film.

Jacqueline Vanhoutte is an Associate Professor of English specializing in Renaissance literature at the University of North Texas. She was the recipient of the English Department's 2011 Preston Award for Outstanding Undergraduate Teaching, and of the 2003-2004 Pursuit of Excellence in Teaching Award, awarded by the University of North Texas University Forum on Teaching and Learning Assessment. Her first book, *Strange Communion: Motherland and Masculinity in Tudor Plays, Pamphlets, and Politics,* appeared with the University of Delaware Press. Her second book, *A Companion to Chaucer and his Contemporaries,* written in collaboration with Laurel Amtower, was published by Broadview. Dr. Vanhoutte is currently at work on another book, about Shakespeare and Elizabeth I, entitled *Age in Love*.

#### 39. Islamic Arts and Cultures - Dr. Nada Shabout

### Thursday, April 11: 1:00 pm -2:30 pm

This will be a lecture on Islamic arts and cultures. Using a PowerPoint presentation, the instructor will speak on the arts of the Islamic, including contemporary art, calligraphy and other cultural productions.

Dr. Shabout is Associate Professor of Art History and the Director of the Contemporary Arab and Muslim Studies Institute (CAMCSI) at the University of North Texas. Her teaching and writing interests are in the area of Arab and Islamic visual culture, theory and history, imperialism, Orientalism and globalization. She is author of *Modern Arab Art: Formation of Arab Aesthetics*, (University of Florida Press, 2007); co-editor of *New Vision: Arab Art in the 21st Century*, (Thames & Hudson, 2009); and the founding president of the Association for Modern and Contemporary Art from the Arab World, Iran and Turkey (AMCA).

#### 40. Dante's Purgatorio and Paradiso – Jessica Greenfield

#### Thursdays, April 11 & 18: 2:45 pm – 4:15 pm

A continuation of last semester's Dante's Inferno. This course will explore the structure, major figures, and important components of Dante's second two canticles in The Divine Comedy.

Dr. Greenfield earned BAs in Classics and Italian Studies with Masters and Doctoral degrees in Italian Studies. Her research focuses on Sicilian literature, the picturesque in late 18th century southern literature, and manifestations of desire in Giovanni Verga.

#### 41. Medicare Fraud and Abuse – Mahlon V.R. Freeman

Tuesday, April 16: 10:00 am -11:30 am

Medicare loses more than 50 BILLION dollars each year to fraud and abuse. Learn how you and your friends can help prevent some of this loss.

Dr. Mahlon V. R. Freeman graduated with the Doctor of Medicine degree from Yale School of Medicine. He also has a Doctor of Medical Science degree from Columbia University. His certifications include the American Board of Obstetrics and Gynecology and the American Board of Medical Genetics. Dr. Freeman's teaching appointments include Professor of Medical Genetics, Uniformed Services University of the Health Sciences, Walter Reed AMC. He is retired from the U.S. Army Medical Corps and from the practice of ultrasound in Denton.

### 42. Suicide and Aging: The elephant in the room? – Bert Hayslip Jr.

#### <u>Tuesday</u>, April 16: 2:45pm – 4:15pm

This class will explore the incidence and dynamics of later life suicide: how common is it? What explains it? How can it be prevented? Topics relating to the many potential causal factors leading to suicide in later life will be explored relating to how persons experience the aging process as well as societal and cultural biases about getting older. Key to preventing late life suicide is an understanding of its dynamics and proactive efforts to increase the quality of life for otherwise vulnerable older adults.

Dr. Hayslip received his Ph.D. in psychology from the University of Akron (Ohio), and he is a Regents Professor of Psychology at the University of North Texas. He teaches graduate and undergraduate classes in human development, aging and death and dying. His research interests include aging and cognition, grandparents raising grandchildren, grand parenting, hospice care, and gerontological concerns.

#### 43. Religion Under the Microscope Part 2 – Our Deceptive Minds – Greg Hawk

Thursday, April 18: 10:00 am – 11:30 am; 1:00 pm – 2:30 pm

In Part 1 (held in Fall 2012), we discussed religion and religious beliefs from a scientific perspective. Our beliefs motive us, determine how we think and act and frame our worldview, yet the process of how those beliefs began and then developed and how they were modified over time is something we usually don't consciously examine. As they relate to religious beliefs, the second part of this series will focus on more fully exploring the topics of cognitive dissonance and associated coping mechanisms, problems with memory, fallacies, biases, religious visions and voices, and eliciting religious experiences by electrical stimulation of specific regions of the brain, topics only briefly described in Part 1. In addition, time permitting; this lecture will include an introduction to one or more of the following: dreams, consciousness, sensory deprivation, and our species quest for immortality, the existence of a soul and the question of whether or not the mind is distinct from the brain. Based on student feedback after the Part 1 lecture, a significant part of the second session will be reserved for Q&A and discussion.

Greg Hawk earned a BA in psychology with a concentration in brain physiology from Moorhead Sate College, and a BS in chemistry from the University of Texas at Austin. He has a lifelong interest in the intersection of religious beliefs, logic and scientific knowledge, and explores how the mind can simultaneously hold mutually exclusive beliefs and how we confront cognitive dissonance.

#### 44. Decisive Battles of the American Civil War – David Plaut

### Tuesday, April 23 & 30; 10:00 am - 11:30 am

Following our discussion of the Causes of the Civil Was, this course is devoted to various aspects of the war. Included will be certain technological advances, the first iron clad ships, the underground railroad, spies on both sides, and medical care We will also use in part a 'game' that allows us to show in 3-D the placement and movement of the armies engaged in the battles we discuss. We will also show several of Mathew Brady's unique photos.

Dr. David Plaut's background is in medicine, statistics and biochemistry. He writes for two journals, a university, two distance-learning groups and has a book to be published in the spring on statistics for health care professionals. He enjoys learning and teaching.

#### 45. Four Misunderstood Painters: Dali, Picasso, Pollack and Monet – David Plaut

Tuesday, April 23 & 30: 1:00 pm – 2:30 pm

When painters started painting pictures that were not portraits or scenes from nature it bothered, and still, bothers many members of their audience. In this course, four well known but poorly understood painters will be discussed with the goal of making them, and other modern artists, better understood and appreciated. As Monet was misunderstood in his time, he has been included. This class will explore the reasons why Monet was misunderstood, and how these reasons relate to the other three artists.

Dr. David Plaut's background is in medicine, statistics and biochemistry. He writes for two journals, a university, two distance-learning groups and has a book to be published in the spring on statistics for health care professionals. He enjoys learning and teaching.

#### 46. Evening With the Presidents – Tom Tweeddale

Tuesday, April 30: 2:45 pm – 4:15 pm

American history for the trivia buff based on the succession of the presidents from Washington to the present.

The presenter is a veteran of 36 years as a domestic and international pilot, and author of *Your Trivia Guide to the USA* geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park.



#### DENTON DALLAS HOUSTON

## **Texas Woman's University**

1. Stay Healthy at 50+ - Catherine Hill

Fridays, April 26 & May 3: 2:30 pm - 3:30 pm

<u>Location: Blagg – Heuy Library, Room 101</u>

Use this information to help you stay healthy at ages 50 and above. Learn which screening tests you need and when to get them, which medicines may prevent diseases, and daily steps you can take for good health. (*Up to 40 participants*)

Catherine Hill is a Gerontologic Nurse Practitioner, Published in Healthy Aging, Doctor of Nursing Practice, Quality Director for Texas Health Physicians Group.

2. Vincent Van Gogh and Paul Gauguin: Their Art and Lives – John Calabrese

Thursdays, May 2 &9: 1:00 pm - 2:30 pm

Location: West Gallery, Art Building

This two–part course will explore the development and nature of the stiles of Van Gogh and Gaugin amid the turmoil of their lives. (*Up to 40 participants*)

Dr. Calabrese is a Texas Woman's University Full professor of Art History, Aesthetics, Film History and Art Histories Studies Abroad Program.

3. Brain & Mind: How Our Mind Interprets Information from the Brain – June Levitt

Thursday, May 2: 1:30 pm – 3:00 pm

<u>Location: Blagg – Heuy Library, Room 101</u>

What is the brain? What is the mind? It is easier to answer the first question than the second. The mind interprets the external world based on sensory information from the brain. Then, the mind creates responses through the brain and parts of the body. In this lecture, we will discuss the mystery of our mind and discover fantastic interplay between the brain and the mind. (*Up to 40 participants*)

Dr. Levitt earned her master's degree in Applied Cognition and Neuroscience and doctoral degree in Communication Sciences and Disorders from the University of Texas in Dallas. She is a licensed speech and language pathologist (CCC-SLP).

#### 4. Introduction to Finale: Music Notation Software – Joseph Pinson

Friday, May 3: 10:00 am - 11:30 am

Location: MU 203

This class will introduce participants to *Finale* – music notation that allows you to create printed music – anything from a simple song to a symphony for orchestra. This program also allows persons who know very little about music to compose pieces for various instruments or combinations. The program allows you to play back and listen to what you have created. *(Up to 25 participants)*Joseph Pinson, MA, MT-BC, is Assistant Clinical Professor at Texas Woman's University, where he has been a member of the faculty since 1997. He has over 100 compositions published and recorded and has received the ASCAP-Plus award annually since 2000.

#### 5. **Using Your Brain Across the Lifespan** – *Delaina Walker* – *Batson*

Friday, May 3: 1:00 pm - 2:30 pm

Location: Blagg - Heuy Library RM 101

This course will give an overview of brain plasticity across the lifespan and explore ways to keep the brain healthy with examples of successful aging up to 100! (Up to 40 participants)

Dr. Delaina Walker–Baston is a full professor at Texas Woman's University and has been on the faculty for over 30 years. She also has clinical appointments in Neurology and Radiology at UTSW Medical Center, Dallas. She is currently Director of the Texas Woman's University Strole Center – Dallas. Her research has focused on using drugs and noninvasive brain stimulation to enhance recovery from language and motor deficits after stroke. She has had funding from NIH, the Texas Advanced Research Program, The Moody Foundation and the Mobility Foundation for her research. She is interested in healthy aging.

# 6. Women During World War II Enter the Workforce: Sense of Duty, Service to Country – Kimberly L. Johnson

Mondays, May 6 & 13: 2:00 pm – 3:30 pm

<u>Location: Blagg – Huey Library 2<sup>nd</sup> Floor Catherine Merchant Reading Room</u>

Women played a crucial role in World War II. Just as in World War I, the government relied on women to take over men's jobs at home. However, this time, women were needed to help on the shipyards, air bases, and manufacturing plants. War work brought important changes in women's employment, including part-time work and demands for equal pay. Women's units were set up in many of the armed forces. During WWII, over 400,000 women served in the Armed forces including the WASP, WAVES, SPARS, and WACS. Women pilots were allowed to fly military planes to points of embarkation and tow targets. Women also trained for technical tasks, such as guiding pilots by radio, and operating radar devices, and anti-aircraft searchlights. This seminar will examine the roles women took on to serve their country, how gender-based injustices were considered first steps rather than setbacks, and how women's attitudes transformed the traditional stereotypes, they faced in the workplace. (up to 30 participants; including tour of TWU's WASP collection).

Dr. Johnson has coordinated seven oral history programs for the Woman's Collection at Blagg Huey Library including: Woman Air force Service Pilots of World War II, Texas Woman's University Alumni/Faculty, Women in Aviation, Women and Civic Agency, Women's Organizations, the Women Military Aviators, and Whirly Girls International. She also has experience developing oral history programs and conducting interviews. Additionally, she has experience transcribing, editing, and indexing oral history and creating electronic records for public access