



## University of North Texas

### 1. **The Miraculous Fall Upwards: African American Culture and the Hall of Negro Life**

– Elizabeth Turner (1 session)

Wednesday, February 5: 10:00am – 11:30am

Marquis Hall 118

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“The Miraculous Fall Upwards” limns a quote from the 1932 work entitled “Juneteenth” by the Texas African American folklorist J. Mason Brewer. After decades of Jim Crow insults, the title implies positive change for black Texans, and indeed Juneteenth 1936 proved to be the most important celebration of black life and culture to that point in the state’s history. This presentation explores the relationship between Afro-Texas leaders and the creation of an African American presence at the 1936 Texas Centennial Exposition in Dallas. A. Maceo Smith, executive secretary of the Dallas Negro Chamber of Commerce, among others, lobbied the U.S. Department of Commerce for a Hall of Negro Life at the Centennial Exposition. From June to November, the works of thirty-eight nationally known black artists, including such Harlem Renaissance luminaries as Aaron Douglas, Palmer Hayden, Richmond Barthé, and Hale Woodruff, were exhibited in Dallas. The Hall, dedicated on June 19 and filled with artifacts and artwork depicting “Negro progress” since emancipation, represented the finest collection of African American painting and sculpture in the state. The cultural repercussions from this event reached far beyond the fairgrounds as African Americans and whites alike lauded the sophistication of the New Negro in Texas.

Dr. Turner received her Ph.D. in United States history from Rice University in 1990, and from 1997 to 1998 she served as Visiting Managing Editor of the *Journal of Southern History* at Rice. In 2003, she was a Fulbright Lecturer to the University of Genoa, Italy. For spring 2011, she was awarded a Bill & Rita Clements Fellowship for the Study of Southwestern America from the William P. Clements Center for Southwest Studies at Southern Methodist University. In 2011, the Texas State Historical Association elected her a Fellow. Her teaching specialties are history of the New South, Women and Gender in the New South, and Southern Autobiography. Her current book project is *Juneteenth: The Evolution of an Emancipation Celebration*.

## 2. Tips, Tools, & Techniques to Care for Antiques, Collectibles, and Other Treasures

– Georgia Caraway (1 session)

Wednesday, February 5: 1:00pm – 2:30pm

Marquis Hall 118

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This class will teach you about cleaning and maintaining common antique and collectible objects, including photographs, books, glassware, jewelry, and metal objects. Information on dating objects and pronouncing difficult antique terms will be presented. This course follows the newly published book by UNT Press by the same name as the course title, authored by long-time antique expert Dr. Georgia Caraway.

Georgia Caraway (Ph.D. in Higher Education from UNT) was executive director of the Denton County Museums. She writes a monthly column for the *Denton Record-Chronicle* and has appeared on the *Antiques Roadshow*.

## 3. Indications of an Afterlife: A Convergence of Data – Jan Holden (2 sessions)

Wednesdays, February 5 & 12: 2:45pm – 4:15pm

Marquis Hall 118

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The question of whether human consciousness continues following physical death has occupied humans since recorded history and probably prior to it. An extensive professional literature on three transpersonal experiences now informs discussion in response to that question: near-death experiences, after-death communication, and past-life memories. In this presentation, Dr. Holden will present material from that literature. The approximately last half hour will be dedicated to discussion among the audience and Dr. Holden.

Dr. Jan Holden is Professor of Counseling and Chair of the UNT Department of Counseling and Higher Education in the College of Education. Since achieving her Ed.D. and joining the UNT faculty in 1988, her primary area of scholarly inquiry has been transpersonal experiences – those that transcend the usual personal limits of space and/or time – and their role in an understanding of human consciousness, in human development, and in counseling.

## 4. What is Proper English? – Charles Martin

**CANCELLED due to inclement weather.**

6. **Fall Prevention – Candace Wade and Charlene Bishop (1 session)**

**RESCHEDULED** for Thursday, February 20: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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Home safe home. This class will feature the latest research on fall prevention strategies and programs taught by "A Matter of Balance" coaches. A discussion on home safety and inspection will be led by an interior designer. This class will help keep seniors in their homes and safe.

Candace Wade is a certified coach and master trainer for "A Matter of Balance." She holds a Master's in education and is a certified senior advisor. Charlene Bishop is a teacher, Registered Nurse, and licensed interior designer.

7. **Birdscaping - Landscaping to Attract Birds to Your Yard – Cecil Carter (1 session)**

Monday, February 10: 10:00am – 11:30am

Marquis Hall 118

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This lecture will cover the following:

- \* Requirements for attracting birds to your backyards
- \* Plants/Trees in your landscape to attract birds as food sources and pollinators
- \* Identifying birds in your backyards

Mr. Cecil Carter has spent the majority of his career in the private sector, but for 20 years was an adjunct faculty member at Oklahoma State University. He works in the Native Plant Society of Texas, Trinity Forks (Denton) Chapter, and is in the Audubon Society. He has been a birder for most of his life. In addition to birdwatching in Denton County, he and his wife always go to the Coast or Rio Grande Valley for birding at least once a year. He is also President of the Native Plant Society of Texas.

**8. Exploring Happiness** – *Eva H. Cadwallader (2 sessions)*

Monday, February 10 & 17: 1:00pm – 2:30pm

Marquis Hall 118

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February 10: This will be the first in an extended EC series on EXPLORING HAPPINESS. It will consist of participants writing their personal answers to the “My Happiness Inventory” composed by the instructor. Your answers are strictly for your own use, unless you wish to share them. As time permits, volunteered answers will be shared and discussed. Please bring a pen and an 8 x 12 surface to write on.

February 17: This will be the second in a series on EXPLORING HAPPINESS. As contrasted with the individual, psychological approach taken last time, today we will undertake the philosophical approach of attempting to arrive at a definition of happiness. After explaining what that means, the instructor will dictate another questionnaire she has composed. Please bring a pen and an 8 x 12 surface to write on.

Dr. Cadwallader earned her Ph.D. in Philosophy at Indiana University. She is President of Phi Sigma Tau (International Honor Society in Philosophy), a Distinguished Alumna in Philosophy at Bucknell University, and the author of two published books. She lectured extensively in the U.S. and abroad while teaching philosophy at Westminster College (PA) and now offers Exploring Philosophy at the North Branch Library each Wednesday night.

**9. Sustainable Senior Living: USA and Mexico** – *Stan Ingman (1 session)*

Wednesday, February 12: 10:00am – 11:30am

Marquis Hall 118

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First, the instructor will introduce the concepts of energy/water conservation in housing, as well as renewable options and how to evaluate various options to lower your bills. Second, as more retirees cannot afford to retire in the USA, what are the options for retirees to relocate to Mexico and other lands? What do retirees do to create a meaningful life in Mexico?

Stan Ingram has some 45 years of experience teaching, doing community service and conducting research in gerontology. He has recently created a volume on Sustainable Senior Living. He is a Professor of Applied Gerontology and Editor of *Sustainable Communities Review*.

**10. Three Sonnets by Shakespeare – Jacqueline Vanhoutte (1 session)**

Wednesday, February 12: 1:00pm – 2:30pm

Marquis Hall 118

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This class will focus on a close reading of three of Shakespeare's most famous sonnets: 20, 73, and 138. Students should read the sonnets prior to coming to class (they are widely available in editions and on line).

Jacqueline Vanhoutte is an Associate Professor of English specializing in Renaissance literature at UNT. She was the recipient of the English GSEA outstanding teaching award for 2013, the English department's 2011 Preston Award for Outstanding Undergraduate Teaching, and the 2003-2004 Pursuit of Excellence in Teaching Award, awarded by UNT's University Forum on Teaching and Learning Assessment. Her first book, *Strange Communion: Motherland and Masculinity in Tudor Plays, Pamphlets, and Politics*, appeared with the University of Delaware Press. Her second book, *A Companion to Chaucer and his Contemporaries*, written in collaboration with Laurel Amtower, was published by Broadview. Vanhoutte is currently at work on another book, about Shakespeare and Elizabeth I, entitled *Age in Love*.

**11. An Evening With the Presidents – Tom Tweeddale (2 sessions)**

Thursday, February 13: 10:00am – 11:30am & 1:00pm & 2:30pm

Robson Ranch Main Clubhouse

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This lecture will cover American history for the trivia buff based on the succession of the presidency.

The presenter is a veteran of 36 years as a domestic and international pilot, and author of *Your Trivia Guide to the USA* geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park.

## 12. **Origins of Civilizations** – *Reid Ferring (4 sessions)*

Mondays, February 17 & 24 and Wednesdays, February 19 & 26: 10:00am – 11:30am  
Marquis Hall 118

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The rise of early civilizations in the Near East and Mesoamerica is essentially the story of two independent worlds—worlds where we can archaeologically explore the fascinating saga of culture change, gaining insight into the nature of human culture itself. We will track the records of those two regions, from the domestication of plants and animals, to the first villages and ceremonial centers, and finally to the emergence of kings, city states and empires. How were economic and population changes shaped by advances in technology, trade and writing? How did the religious and secular elite gain and hold control over those societies? How do art and architecture reveal the belief systems that evolved over the millennia? What do we share in common with those ancient civilizations? What can we learn from them?

Reid Ferring has been at the University of North Texas for 32 years, teaching geology and archaeology. He earned a Ph.D. in Geology from University of Texas at Dallas and taught the Geology of Texas for many years. His research includes the geology of the Trinity River and geology-archaeology in the Republic of Georgia.

### 13. The Sweep of American History and Culture as Revealed through Currency and Coins

– David P. Higgins (1 session)

Tuesday, February 18: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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Eagles, Bison, Native Americans, Tennessee Woodsmen, Discovery of America, Western Expansion, Explosion of Agriculture, Rapid Industrialization, Statue of Liberty, Idealization of Women, Wars, and much more. The numerous re-issues of currency and coins glow with insights into the people and events that have made Americans proud. They are a serial depiction of how our culture and values have evolved from the colonial period to the present. The line of evolution will be revealed through numerous photographs of currency and coins and the interesting stories behind their design. Special attention will be given to the introduction, development, and eventual disappearance of Miss Liberty. Examples from the presenter's currency collection will be available for viewing.

David P. Higgins earned his doctorate in financial management and investments from the University of Texas at Austin. He taught at Arizona State University, the University of Wisconsin, and the University of Dallas. His specialty areas are the keys to financial performance, the creation and maintenance of business value, treasury management, business economics, and investments. David is author of *Essentials of Treasury Management*, 2nd Ed., a desk reference for treasurers and the body of knowledge tested on the Certified Treasury Professional credentialing examination. He and his wife Peggy are retired and reside in Denton.

### 14. Religion and Politics in the Bible – David S. Shields (2 sessions)

Tuesday, February 18 and Thursday, February 20: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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Tensions between religious and political structures and leaders are not new. This course will explore such dynamics in both the Old and New Testaments, identifying some of the basic forces at work in these tensions and drawing some learnings and implications for our contemporary situation using some modern Biblical scholarship to help us understand them.

David S. Shields is a retired Presbyterian Minister. He began his career as a pastor in Skiatook, OK and Oklahoma City, OK. He then served in staff positions in New Jersey, New York City, Indiana, Illinois and Minnesota. Following retirement he served as an Interim Pastor in St. Paul, MN. Since moving to Argyle, he has taught classes in Science and Theology and the Reformation at his home church, Trinity Presbyterian, and a course on Religion in the Public Square for the Emeritus College and First United Methodist Church.

15. **"Hold Back the Storm:" The Compromise of 1850 – E. R. Milner (1 session)**

**RESCHEDULED** for Tuesday, February 18: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This lecture will discuss the attempt by political leaders to prevent a Civil War.

E.R. Milner has 35 years of experience teaching in colleges and universities (UNT as teaching fellow and later as adjunct; TCC as Prof. of History, Department Chair, Editor of *Tarrant County Historical Review* in Ft Worth; and Mountain View College, DCCC, as a part-timer while completing his Ph. D. at UNT).

16. **The History, Myths, and Legacy of Karate - from Okinawa to America**

– Brandon Richey (1 session)

Wednesday, February 19: 1:00pm – 2:30pm

Marquis Hall 118

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Karate has a rich and interesting history, but a very strange reputation in America. Often displayed incorrectly in American television and movies, the history of Ancient Okinawan martial arts has become a commercialized gimmick, and sometimes outright dismissed by American martial artists as not being a “real” means of self-defense. How did we come here? This class hopes to delve into the history of karate and how it was formed during Okinawa’s Chuzan Kingdom, its migration to Japan, and eventually the move to America in a post WWII world. It also hopes to analyze the myths and mystery that surround karate, and the lasting impact that it has left on the world of martial arts as a whole. Will include some demonstrations for the class from personal training.

Brandon Richey received B.A. in History from UNT and is an editor for George Mattson's "Uechi-ryu Karate Do," one of the pioneers of the martial arts movement in America. He is also a student of Uechi-ryu Karate (7th Kyu), and studies multiple karate styles and their histories, as well as the restoration of old karate tomes and photographs in his personal time.

17. **Modern Israel in Context – Geoffrey Dennis (3 sessions)**

Wednesdays, February 19 & 26, and March 5: 2:45pm – 4:15pm

Marquis Hall 118

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An introduction to the political and social history of modern Israel in relationship to the larger Middle East.

- 1) “A Nation like an Other” – from the dawn of Zionism to 1949
- 2) “We Shall Enter it with the Soil Saturated in Blood” 1949 – 1968
- 3) “Too Far from God, Too Close to Iran” 1968 – Today

Geoffrey Dennis is Rabbi of congregation Kolami and an adjunct in the Jewish studies program at UNT, where he teaches Bible, Rabbinic literature, and Jewish mysticism.



**18. Texas History – Tom Tweeddale (1 session)**

Thursday, February 20: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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This lecture will cover Texas history from 1820 to the reconstruction period after the Civil War.

The presenter is a veteran of 36 years as a domestic and international pilot, and author of *Your Trivia Guide to the USA* geographical trivia. He has also delivered this presentation to the NCTC & Fort Richardson State Park.

**19. Capital Punishment – Adam Trahan (2 sessions)**

Monday, February 24 and Wednesday, February 26: 1:00pm – 2:30pm

Marquis Hall 118

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This class will cover the major issues related to capital punishment and its administration in the United States. These issues will tentatively include jury decision making, costs, wrongful convictions, and public opinion.

Dr. Trahan has published research in several leading academic and law journals on capital jury behavior and the administration of capital punishment. He has also worked as a jury consultant on several capital cases.

**20. Making Sense of Financial Products – Kyle Deatherage (1 session)**

Tuesdays, February 25: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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Financial instruments and products are plentiful – Annuities, mutual funds, EFTs, UITs, REITs, separately managed accounts, alternative investments. Is what you have chosen to own and invest in good or bad? How did you decide what's right for you and your situation? How do you and your family make sense of all the available options? Come to class to get an overview of financial products and their appropriate uses.

Kyle Deatherage is an independent financial planner with NFP Securities and President of Deatherage Financial Consulting. He has held the CFP designation since 1997.

## 21. **Cheesemaking at Home** – *Barbara Brown (1 session)*

Tuesday, February 25: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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The presentation describes the steps in making cheese in small batches such as would be done by a home cheesemaker. General information; how to make fresh cheese; equipment and supplies needed to make aged cheese; methods for making aged cheese and affinage (caring for cheese during aging); and comparing two recipes to show the effect of small changes in the process. In addition to methods, the presentation discusses the chemical reactions and timing essential to creating edible cheese.

Barbara is retired from being a program manager in advanced information systems at Texas Instruments, Raytheon and ScenPro. She is a Denton County Master Gardener and enjoys growing, preserving and cooking with fresh herbs and vegetables. She has a master's degree in cognitive psychology from Southern Methodist University and has served as the citizen member of the TWU Institutional Review Board.

## 22. **A Brief History of Traditional Jazz** – *Ron Fink (1 session)*

**RESCHEDULED** for Tuesday, February 25: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This lecture and discussion will feature highlights of early jazz music and musicians, starting with Ragtime, and tracing the various “melting pot” elements in New Orleans in the early 1900s. The musical tour will introduce these musicians (via CD) and their important contribution to the evolution of America’s birth of a unique art form. The musicians on display will include Scott Joplin, Buddy Bolden, Original Dixieland Jazz Band, Bix Beiderbecke, New Orleans Rhythm Kings, Jelly Roll Morton, Sidney Bechet, Kid Ory, King Oliver, Louis Armstrong, W C Handy, Paul Whiteman, Duke Ellington, and others.

Dr. Ron Fink has been a drummer since he was eight years old, and was playing a full drum kit by the time he was ten. He appeared on TV and Radio in the Illinois area, and is a graduate of the University of Illinois. At the University of Northern Illinois, he earned a college teaching degree, and has been teaching at the University of North Texas for 35 years. He is a Professor Emeritus of percussion and is a professional musician.

**23. Background to The Iliad and The Odyssey – Don Vann (2 sessions)**

Thursday, February 27: 10:00am – 11:30am and 1:00pm – 2:30pm  
Robson Ranch Main Clubhouse

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We will survey the events that led up to the most famous war, the Trojan War, as the Greek City-States united to rescue the beautiful Helen. First, we will look at the account of a dispute among the Greek gods that set the events in motion and led to Helen's abduction. Then we will see all of the complications as Agamemnon, Achilles, Odysseus, and the other Greek leaders gathered and set out, eventually giving the poet Homer the stories he put into his magnificent epics, The Iliad and The Odyssey. Whether these are historical or fanciful events, they are gripping and entertaining stories that have become a significant part of our culture.

Dr. J. Don Vann is a UNT Professor Emeritus and Regent's Professor. With a primary interest in Victorian literature, he is the author or editor of eight books and dozens of articles. He admits to loving all literature.

**24. Era of Franklin D. Roosevelt – Ron Marcello (2 sessions)**

Monday, March 3 and Wednesday, March 5: 10:00am – 11:30am  
Marquis Hall 118

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This lecture will cover the programs and legislation to provide relief, recovery, and reform during the 1930s (1933 - 1941).

Dr. Ron Marcello is Professor of History at UNT, for 37 years. He was Director of the UNT Oral History Program for 36 years and conducted approximately 2000 oral history interviews, including topics on WWII, the New Deal, race relations and Texas politics.

**25. East Meets West: Cultural Transmission Between Japan & the US**

*– Rachel Richey (2 sessions)*

Monday, March 3 and Wednesday, March 5: 1:00pm – 2:30pm  
Marquis Hall 118

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Since WWII, there has been extensive cultural transmission between Japan and the US. These new cultural adoptions are particularly popular among Japanese & American youth. Over the course of this seminar, we will learn about the cultural changes and new traditions of the late 20th and early 21st century while also exploring traditional aspects of Japanese culture.

Rachel Richey is a graduate student of linguistics and currently teaches Russian and Japanese language labs at the University of North Texas. She has lived in Japan, studied Japanese culture extensively, and has achieved the language proficiency status of N1 - the highest anyone can achieve.

**26. Japanese Traditional Toys and Culture – Yayoi Takeuchi ( 1 session)**

Monday, March 3: 2:45pm – 4:15pm

Marquis Hall 118

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Images and designs of Japanese traditional toys show different aspects of Japanese culture. Regional characteristics from the Edo Period (1603-1868) and the purpose of toys and figures are discussed in respect to design, color, and material. The class will make connections to the images of modern toys in Japan and develop a unique rendering of synchronicity in traditional and modern Japanese culture.

Yayoi Takeuchi is originally from Japan and has been teaching Japanese language at UNT for 7 years. She is interested in art and culture. She has developed her interests in Japanese traditional toys and designs since she started the faculty-led Study Abroad Program to Japan and spent time in Tokyo discovering old Edo designs and artifacts with students from UNT.

**27. Theodicy - Why Do Innocents Suffer? - Greg Hawk ( 2 sessions)**

Tuesday, March 4: 10:00am – 11:30am and 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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This class will explore various answers, both theological and secular that have been developed to the question why do innocents suffer in a world governed by an omnibenevolent, omnipotent, and omniscient God. For many people struggling with questions of faith, this question has posed one of the most difficult to answer and has generated a wide range of philosophically deep and thought-provoking answers. Time will be left at the end of the second session for class discussion.

Mr. Greg Hawk earned a BA in psychology with a concentration in brain physiology from Moorhead State College and a BS in chemistry from the University of Texas at Austin. He has a lifelong interest in the intersection of religious beliefs, logic and scientific knowledge, and explores how the mind can simultaneously hold mutually exclusive beliefs and how we confront cognitive dissonance. As Director at an environmental consulting company, he uses the scientific method to explore this fascinating subject area. He uses these same skills to tackle philosophical and religious topics.

5. **Statistics in Daily Life: What to Believe and What to Ignore** – *J. B. Spalding (1 session)*

**RESCHEDULED** for Tuesday, March 4: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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The instructor will discuss how to interpret charts and graphs and what to be aware of. Class topics will include: medical tests with results outside of ‘normal’ range, survey/poll results and possible errors, weather predictions, and answers to any questions audience may have.

Dr. J.B. Spalding taught statistics in the College of Business at the University of North Texas for 37 years. He assisted with Freshman Orientation for 4 years and did presentations during parents’ weekends for parents and their sons/daughters. He is the recipient of the ‘Fessor Graham Award, as well as several other teaching awards.

28. **Telling Your Own Stories** – *Fran Stallings (2 sessions)*

Thursday, March 6: 10:00am – 11:30am and 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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Personal history is not simply "facts," but the storytelling that makes those facts meaningful. Learn how to tell your story so that people will listen.

In the morning session we will explore a variety of prompts likely to turn up a good story, get helpful research ideas, and try some practical exercises. In the afternoon we will practice elaborating and pruning a short first-person narrative, as a model for presenting the history you may collect from other generations. You will leave with stories to treasure, preserve, and tell.

Professional storyteller/author Fran Stallings grew up in a storytelling family. She performs and teaches both nationwide and overseas, and has recorded four CDs of stories.

29. **The Many Musical Styles of Igor Stravinsky** – *T. Jervis Underwood (1 session)*

Thursday, March 6: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This class will explore the evolution of Stravinsky's musical style.

Dr. Jervis Underwood is Professor Emeritus of Music from Southern Illinois University, Carbondale. He earned his Bachelors and Ph. D from the University of North Texas, while his Masters was earned at the University of Illinois. He has several published compositions and a book, *The Centennial History of Phi Mu Alpha Sinfonia Fraternity*; numerous articles and reviews of musical publications. He was also Principal Flute, Memphis Symphony for 20 years as well as a solo and chamber music performer.

### 30. Significant American Trials - Part II – David Plaut (2 sessions)

Monday, March 17: 10:00am – 12:00pm and 1:00pm – 2:30pm

Marquis Hall 118

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This second series of discussions of American trials selects from those that have been found to be significant to most people in the United States. We will study the “Monkey Trial”, Roe v. Wade, the case involving Karen Quinlan, Dr. Jack Kovarkian, Abraham Lincoln’s only capital trial and others.

Plaut has a background in liberal arts (major in literature) and biochemistry (clinical). He has taught several courses for this program. In his spare time he tutors math and science and makes audio recordings for the sight impaired. He also writes two blogs a month in addition to articles and book reviews for various journals.

### 31. Lawns and Landscapes – Don Smith (2 sessions)

Tuesday, March 18 & 25: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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What do you have to do to have a good lawn? Three things: Mow properly, water properly, fertilize properly. There’s much more to it than just listing the three major management practices. What do you want in a lawn? How much do you want to spend/work on it? What are the pest problems? If you understand the botany of lawns, you can decide to live with what you can do easily or you can make it into a project for being the pride of the neighborhood. We will cover how to do several levels of complexity and lushness in your lawn. We will cover what to do in the spring, the summer, and fall. Keeping it healthy over the winter is also an important thing to know.

Don Smith was a UNT Botany professor for 44 years, had 17,000 students, taught freshman botany 149 times, operated a tree pruning and removal business 35 years, invented a treatment for low growth trees, especially post oak that go into decline when encroached, consultant for tree problems, and a consultant for evaluation of trees.

### 32. Crime and Punishment from Medieval Europe to Colonial America

– Peter Pincemin Johnstone (2 sessions)

Tuesday, March 18 & 25: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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This class will feature an informative and enthusiastic approach towards exploring the life, law and culture of Europe and colonial America through the lens of the criminal law. Participants will have the opportunity to utilize the accompanying book written by the presenter and together we will cover issues such as the liability of the English to pay a fine when a Frenchman was murdered, torture;

its use and abuse in France, the origins of the common law and the use (and avoidance of) English criminal law and punishments during the early years of colonial settlement. Participants are not required to have any previous knowledge of the topic. The class will be supplemented by appropriate visual materials and examples. All that is required is enthusiasm and a desire to learn something new.

Dr. Johnstone has a Master's Degree in international Criminal Law (England), Master of Philosophy in History (Colonial Law in America) (France) Ph.D. in Comparative Law (England), and is a member of the Inns of Court of England. He has written several books, four of which are currently used by UNT students in his classes. He has experience of teaching in England (Law School), France, Lithuania, Holland and the US. He is currently working on a second Ph.D. (Medieval Ecclesiastical Privilege) at the Institute of History, University of Leiden, Holland. Peter is Professor of Criminal Justice at UNT and Scholar-in-Residence at the Caruth Police Institute, Dallas.

### **33. Meteorites, the Moon, Mars, and Man: How Can They Be Related?**

*- Frederick D. Busche (2 sessions)*

Tuesday, March 18 & 25: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This presentation will discuss the relationship of man and life itself to the solar system, the formation and development of the solar system with a focus on meteorites, the mission to Mars, the mission to Earth, and man's unceasing desire to understand why we exist and how we became what we are. The class will touch on distribution of the planets and why they are in their current positions, including understanding how the evolution to present day Mars and Earth may have had similar starts, but different final states. The need of the "Mission to Earth" Project and what we are using it for, the relationship of how we evolved to the evolution of our atmosphere, and finally, lunar exploration, and what it has taught us about the Earth, will be included in the discussion.

Dr. Frederick Busche earned his BS and his MS in Geology from the University of Illinois and the University of Hawaii, respectively. His PhD is from the University of New Mexico in Geochemistry. He has worked for Westinghouse, Shell Oil Company and IBM and was Chair of the Department of Geography/Cartography at East Central University in Ada, Oklahoma. He currently teaches as an adjunct professor at Brookhaven Community College and is CEO of WinTechGeo, LLC, a company specializing in microbiologically enhanced oil recovery and he holds 13 patents. While at the University of New Mexico, Dr. Busche did research on some of the original lunar samples.

### **34. Two Plays by Lorraine Hansberry – Alex Pettit (2 sessions)**

Wednesdays, March 19 & 26: 10:00am – 12:00pm

Marquis Hall 118

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In this class, students will read carefully and discuss openly and joyously two plays by the late Lorraine Hansberry: the perennially popular (and consistently fascinating) *Raisin in the Sun* and the lesser-known (and awfully good) *Sign in Sidney Brustein's Window*.

Dr. Pettit has been a Professor at UNT since 1991; he is a frequent participant in the Emeritus College; he was recently named University Distinguished Teaching Professor.

### 35. **Global Sustainability and the Resources of Sub-Saharan Africa**

- *Frederick D. Busche (1 session)*

Wednesday, March 19: 1:00pm – 2:30pm

Marquis Hall 118

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This class will feature a discussion of global sustainability and why it will depend upon the resources of Sub-Saharan Africa. The class will include a discussion of rate of growth of societies as well as the ability for the resources from Sub-Saharan Africa to meet the challenges of sustainability that will be facing the entire world over the next 50 years. The concentration of the material will be a discussion of where the oil, gas, and mineral resources are located in Sub-Saharan Africa and an estimate of the size of those resources. There will also be a discussion of the food production possibilities in this area and the impact of the cultivation of these resources on the global environment.

Dr. Busche earned his BS and his MS in Geology from the University of Illinois and the University of Hawaii, respectively. His PhD is from the University of New Mexico in Geochemistry. He has worked for Westinghouse, Shell Oil Company and IBM and was Chair of the Department of Geography / Cartography at East Central University in Ada, Oklahoma. He currently teaches as an adjunct professor at Brookhaven Community College and is CEO of WinTechGeo, LLC, a company specializing in microbiologically enhanced oil recovery. He holds 13 patents. Dr. Busche has completed Oil, Gas, and Mineral Projects in Nigeria and Uganda. He is currently consulting with various parties primarily in Nigeria concerning the building of housing, sea -ports, shipment of goods, and the use of renewable resources.

### 36. **Geocaching 101** – *Erica Kaufman, Chris Cunningham (1 session)*

Wednesday, March 19: 2:45pm – 4:15pm

Marquis Hall 118

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Geocaching is an outdoor hobby using GPS technology to find objects hidden by members of the geocaching community. In this class, we will go over the basics to get you started playing this fun outdoor game.

Erica Kaufman and Chris Cunningham work at the UNT Libraries and have been geocaching since 2006. They've taught geocaching courses for Denton Public Library and for UNT's Grandparent's University.



**37. Elder Law Boot Camp** – *Richard M. Barron (2 sessions)*

Thursdays, March 20 & 27: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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This class is designed to educate senior citizens and/or families on some of the common legal mistakes, myths, and concerns related to aging. The information covered will include wills, powers of attorney (financial and medical), advanced healthcare directives, trusts, legal asset protection, government benefits (Veteran's Benefits and Medicaid) and probate issues. In general, the class will give an overview of how to navigate the healthcare and benefits maze of aging.

Richard M. Barron, JD has been a member of the State Bar of Texas since 1981 and is an accredited attorney with the Department of Veteran's Affairs. He is a member of the National Academy of Elder Law Attorneys. His law firm was established in 1991 and serves the North Central Texas area. He received his BBA from SMU and Law Degree from Texas Tech.

**38. Pinterest 101 - How to Use Technology for Health and Fun**

– *Candace Wade and Charlene Bishop (2 sessions)*

Thursdays, March 20 & 27: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This class teaches Pinterest 101, the basics. Seniors are encouraged to bring their own smart phones, iPads, and laptops for "hands-on" instruction. This will be a fun, interactive class.

Candace has been in the education field 40 years. Charlene is a tech-savvy nurse with a love of arts and crafts. She has thousands of followers on Pinterest.

**39. Satisfying our Sweet Tooth: Sugar and Sugar Substitutes** - *Jo Anne Cassell (1 session)*

Monday, March 24: 10:00am – 11:30am

Marquis Hall 118

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Americans consume a lot of sugar and sugar substitutes. In the fall, our class looked at both the good and the bad impacts of sugar on the human body. After the class, several people asked for more information about the presence of sugar in the American diet as well as information about sugar substitutes and artificial sweeteners: What are they? Are they harmful? How much is safe? Do they cause cancer? Are they helpful for weight loss or the cause of weight gain? Come explore these questions and contact me if you wish to add a particular question to the discussion.

Dr. Cassell is a nationally known writer and speaker on the subjects of food history, food habits, and nutrition. She is recently retired from TWU. Over the years she has been a consultant to both government, non – profit organizations, and industry. She has written three books, published scientific papers and nutrition – related articles, as well as web pages

and instructional materials. She was the editor of a professional nutrition journal for six years. Dr. Cassell has been a speaker for national defense, state, and local groups, and a frequent guest on both local and national radio and TV.

**40. Sustaining Organizational Innovation – Jeff M. Allen (1 session)**

Monday, March 24: 1:00pm – 2:30pm

Marquis Hall 118

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Professor Allen will discuss his current research in organizational change management and the role of the organization and individual in managing innovative change for improvement. He will explain the models and theories that have been developed for understanding innovation in organizations in the United States and globally. In addition, Dr. Allen will describe the operation and research conducted at the University of North Texas and the Center for Knowledge Solutions.

Jeff M. Allen is a Professor and scholar in the area of learning and performance innovation. His research includes over forty publications including articles, monographs, chapters, curriculum guides, and an edited book. At the national and international levels, he provides leadership in numerous professional organizations and has served as a reviewer for numerous research publications. Additionally, Dr. Allen is the founding editor of Learning and Performance Quarterly. As the Director of the Center for Knowledge Solutions at the University of North Texas, it is his goal to empower scholars and scholar-practitioners to make evidence-based decisions that optimize systems to improve organizational knowledge. The uniqueness of the center is learning and performance across disciplines and professions.

Dr. Allen currently serves as a Professor in the Department of Learning Technologies at the University of North Texas. Jeff and his wife, Denise, have two sons and live in Aubrey, Texas.

**41. Angela Merkel's Germany – Milan Reban (2 sessions)**

Mondays, March 24 & 31: 2:45pm – 4:15pm

Marquis Hall 118

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Germany is reluctant to flex muscles that some say belong to a European hegemony. Is today's Germany too cautious because of its history? What forces have made Merkel the most important leader in Europe? What is Germany's role in the European Union? What are its relations with its neighbors-- Poland to the East, and France to the West? What of societal issues, ranging from immigration and demography to diminishing religiosity? What pressures are there on its socioeconomic policies ensuring stability?

Dr. Reban experienced first-hand some of these momentous events and later lived in a political refugee camp in Germany, ultimately emigrating to United States.

He has studied various aspects of the widespread displacement of European peoples.

#### **42. Artificial Maturity - A Discussion of the Impacts of Technology on Maturation**

– *Celia Williamson (1 session)*

Wednesday, March 26: 1:00pm – 2:30pm

Marquis Hall 118

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In his recent book, *Artificial Maturity*, Tim Elmore suggests that the ubiquitous access to information makes today's young adults appear - both to themselves and to others - to be more mature than they actually are. We will review the evidence, the implications and the remedies presented by Elmore - and discuss what this means for our educational systems, our families and our society.

Celia Williamson holds three degrees in social work and has been a faculty member at UNT for 25 years. She is currently the Vice Provost for Transfer Articulation at UNT and mother of two young adults.

#### **43. Fatherhood: An Historical and Global View – Rudy Ray Seward (1 session)**

Wednesday, March 26: 2:45pm – 4:15pm

Marquis Hall 118

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Parents, parenting, and parenthood have been common themes in historical and classical literature, but the systematic study of parenting by social scientists began with a focus on mothers. In the United States, the roots of fathering studies go back at least to the 1940s with the publication of reports on fathers' attitudes and activities revealed through interviews. Leonard Benson at NTSU (now UNT) in 1968 published the first comprehensive sociological treatment on fatherhood and fathering. Parenting research in large-scale societies initially focused on white, North American, and middle-class mothers and fathers. Building on these roots, interest in and research on fathers, fathering, and fatherhood became more catholic and

spread worldwide. As a result extant fathering research is great in depth and breadth. Evidence is available from cultures in every continent. Together, the cultures represent over half of the world's population. But the coverage within and between nations varies widely. Uneven coverage makes cross-cultural comparisons difficult but when possible the results often challenge previous assumptions made in Western cultures. Approaches to fathering vary widely from a primary concern with being a disciplinarian and provider to those focusing on nurturing child care with many possible types and combinations occurring in between. Non-Western fathering varies more dramatically than fathering practices in the Western world. Almost all research on fathers across cultures since 1990 indicates rising expectations for greater family involvement and, though more modest, related changes in fathers' conduct. Cultures with more involved fathers tend to be more peaceful and have greater gender equality.

Rudy Ray Seward, Vice President of the International Sociological Association's Committee on Family Research, has taught, researched the family, and advised students at the University of North Texas (UNT) since 1973. After retirement from UNT in August of 2011, he was designated Professor Emeritus and continues his research, teaching and advising in the Department of Sociology. He completed his graduate training at Southern Illinois University, Carbondale, earning his Ph.D. in 1974 and undergraduate training at Truman State University, Kirksville, Missouri. He has authored a book, book chapters, and journal articles dealing with family issues, including fathers, demographic history, work/life balance, and Irish family plus edited two special academic journal issues on family and father issues. Currently, he is researching changes and cross-cultural differences in parent-child relations and the impact of long distance commuting on families. Dr. Seward and Jean Ann Seward, P.T., have two sons and four grandchildren.

#### **44. Gender Issues in the Modern Middle East – Nancy L Stockdale (1 session)**

Thursday, March 27: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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In this class, the instructor will explore the historical and contemporary issues facing men and women, regarding gender concerns, in the modern Middle East. This won't just be about veiling and other issues that the instructor believes are overblown in the media. This class will engage with concepts of masculinity and femininity, class, race, and time frame.

Dr. Stockdale is an associate professor of history at UNT. Her specialty is the history of the Middle East, and her research interests include histories of imperialism, gender issues, Orientalism, cross cultural encounters, and representations of the Middle East. She is the author of *Colonial Encounters among*

*English and Palestinian Women* (2007) and is currently finishing another book about representations of the Middle East in British and American entertainment since 1851. She is also editing a book on food and food ways in the Middle East and North Africa.

#### **45. Climate Change: Finding the Line Between Politics and Science**

– *Richard L. Kitchens* (2 sessions)

Monday, March 31 & April 7: 10:00am – 11:30am

Marquis Hall 118

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Since the LBJ Administration, scientists have understood that emissions from the burning of fossil fuels could have an adverse impact on the climate. Over the last two decades, we have witnessed a great increase in the scientific understanding of climate change and in the opposition to government action to control it. The principle strategy of those who oppose political action has been to attack the scientists and the science behind climate change rather than to rely on the merits of the political arguments. As a result, the boundary between climate science and politics is blurred, and the subject of climate change is an intensely partisan political issue. In this two-part presentation, Dr. Kitchens approaches the subject from the perspective of an experienced scientist, rather than as a political partisan, to clarify and redefine the line between science and politics.

Dr. Kitchens has been involved in basic science research since 1971. He earned his Ph.D. in 1994 and recently retired as Associate Professor of Internal Medicine/Infectious Diseases at The University of Texas Southwestern Medical Center in Dallas. He has presented his work on innate immunity at national and international conferences and has published extensively in the peer-reviewed literature. Dr. Kitchens and his wife currently live in Denton, and he is enjoying his retirement while pursuing an interest in the study of climatology and related issues.

#### **46. Treasures from the UNT Music Library – *Mark McKnight* (1 session)**

Monday, March 31: 1:00pm – 2:30pm

Willis Library 4<sup>th</sup> Floor

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This lecture will feature an overview of the various types of special materials available in the UNT Music Library, from vintage sheet music, sound recordings, artifacts related to our various collections, including Leon Breeden, Willis Conover, Maynard Ferguson, among others.

Dr. Mark McKnight is the head of the UNT Music Library and Adjunct Instructor in the UNT College of Music; Ph.D., Musicology, Louisiana State University; M.S. in Library and Information Science, University of Illinois.

**47. Explore Your Future – Pamela Sybert & Lin Weinberg (4 sessions limited to 15 participants; \$35 materials fee)**

Tuesdays, April 1 & 8 and Thursdays, April 3 & 10: 10:00am – 12:00pm  
Robson Ranch Main Clubhouse (Also going to be offered at Marquis Hall)

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Explore Your Future is a personal journey to intentionally infuse greater purpose in everyday life. You are invited to discover new ways to connect and contribute in this unique, individualized experience. In a supportive peer setting, you will examine: 1) what have been the major influences in your life? 2) Who are you now? 3) What do you want? 4) How do you get what you want? Come away with a realistic action plan to follow your passion, find greater meaning, and accomplish your goals.

Pamela J. Sybert is the Director of Coming of Age North Texas and Partnerships for Strong Communities, an outreach center focused on lifelong civic engagement, in the College of Public Affairs and Community Service at UNT. With Master's Degrees in Speech Communication and Applied Gerontology and a Licensed Unity Teacher, Sybert's interests include boomer and senior volunteerism, life satisfaction and meaning, and nonprofit management.

Lin Weinberg is a lecturer in personal and spiritual development as well as comparative religion. She has taught at UNT Emeritus College, TWU and Cedar Valley Community College. She holds Master's Degrees in Communication and English and is a Licensed Unity Teacher. Her work experience includes public relations, alumni affairs, and magazine editing. Lin's interests include maximizing human potential and happiness.

**48. The American Musical – Theatre, Film, and Television, 1866 to the Present**

– Max Morley (4 sessions)

Tuesdays, April 1 & 8 and Thursdays, April 3 & 10: 1:00pm – 2:30pm  
Robson Ranch Main Clubhouse

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Dr. Morley will present a lecture-audio-visual of the American Musical from 1866 to the present. It will feature discussions of more than 90 musicals, their composers, lyricists, actors, actresses, and especially the music. Expect to hear interesting information and the best songs from the past 100 years from the American Musical.

Dr. Max Morley retired from the School of Music at Stephen F. Austin State University in 2009. He held three positions at SFA: 20 years as trumpet specialist; 15 years in Arts Programming and Development; and five years teaching music history and literature. He holds the degrees, BM, MM, and DMA from the University of North Texas.

**49. Introduction to Microsoft Office – Harold (Harry) Woloschin (2 sessions)**

Tuesday, April 1 & Thursday, April 3: 2:45pm – 4:15pm  
Robson Ranch Main Clubhouse

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a. April 1:

- i. Introduction/Overview - What is Office and why it is so popular
  - ii. Major Components - Word, Power Point & Excel, what they can do
  - iii. Describe the Ribbon and how it works
  - iv. Request questions for follow-up in the 2nd session
- b. April 3:
- i. Review major points from Session 1
  - ii. Respond to as many questions as time will allow
  - iii. Request relevant subject & topics they would like to see in the next set of classes in the fall.

Mr. Woloschin has been teaching Microsoft Office products (Word, Power Point, Excel and Access) during the past 14 years at the college level, multiple colleges in North Carolina. He has taught traditional (high school into college) and adult students of all ages. He has also supported MS Office type products for over 10 years while at IBM.

#### **50. Financial Strategies for Successful Retirement – William Dendy (2 sessions)**

Wednesday, April 2: 10:00am – 11:30am & 1:00pm – 2:30pm

Marquis Hall 118

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Learn to assess your current financial situation and to prepare now for a financially secure retirement. Financial Strategies is a broad overview of many topics, such as social security withdrawals, income tax planning, investments, how to access money from retirement plans, life insurance options, and risk management. Develop a personalized plan to reach your retirement goals. Financial Strategies for Successful Retirement<sup>®</sup> is completely educational. The information you receive is objective and factual, without any reference to specific financial products. This course provides you with a comprehensive, personalized education that allows you to make your own financial decisions.

William (Bill) Dendy, President of Elite Financial Management, has over 20 years of professional experience in investments and financial planning. Bill has an MBA with a concentration in finance from SMU and holds designations of Certified Public Accountant, CERTIFIED FINANCIAL PLANNER™ Practitioner, and Chartered Life Underwriter. Bill also earned his Juris Doctorate from SMU and is a practicing attorney. He teaches Certified Financial Planner Certification classes at SMU and various investing classes through local continuing education programs.

#### **51. How Poetry Communicates Holographically – Haj Ross (2 sessions)**

Wednesday, April 2 & 9: 2:45pm – 4:15pm

Marquis Hall 118

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Holographic images in a glass photographic plate are located everywhere in the plate. If such a plate should break, illuminating the smallest fragment with the laser beam that made it will reconstruct the whole image! Poems are similar in the way they talk to the deepest core of our awareness – the words chosen, the type of rhyme scheme, the metaphors – all of these are like voices in a choir – they sing to us in every part of the language that makes up the poem! We will look at poems by William Blake, Robert Frost, Dylan Thomas, Octavio Paz.

Haj Ross has been a Professor of linguistics and poetics at UNT since 1994. He holds an AB from Yale 1960, an AM Penn 1964, and a Ph. D. MIT 1967, all in linguistics.

**52. How to Find a Fallen Star** – *Ron Dilulio (1 session)*

Monday, April 7: 1:00pm – 2:30pm

ENV 150 – “Sky Theater”

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Meteorite hunting and study has become an excellent tool for people of all ages. In the combination planetarium show, and hands-on lecture, participants will learn about how to identify these space rocks, and how they provide valuable clues to our origins.

Ron Dilulio is the planetarium and astronomy laboratory director with the Physics Department of the University of North Texas.

**53. Making the Most of Family Tree Maker Software** - *Susan Schwartz (2 sessions)*

Tuesdays, April 8 & 15: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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This class will cover the basics of the easy-to-use and popular Family Tree Maker software program for genealogy research. Learn how to use the powerful research tools, source information, produce charts and reports, add pictures, create stories, merge images and more.

A retired educator and avid genealogist since 1999, Susan has been happily researching numerous family lines. She has taken many genealogy courses, both in person and online, and has attended a number of local, state and national genealogy conferences. She currently serves as President of the Robson Ranch Genealogy Club and as the DAR Benjamin Lyon Chapter Lineage Research Chairperson; conducting courses and mentoring other researchers.



**54. Retirement Concerns – Alan Goldfarb (1 session; class repeated at each location)**

Wednesday, April 9: 10:00am – 11:30am

**@Marquis Hall 118**

Thursday, April 17: 1:00pm – 2:30pm

**@ Robson Ranch Main Clubhouse**

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This course provides a fundamental working knowledge of the principles of maintaining an enjoyable retirement for those close to, or already in, retirement. The materials cover the knowledge necessary to overcome eight significant obstacles to establishing and maintaining a durable retirement: cash flow, inflation, taxation, healthcare, government benefits, estate planning, risk management, and unrealistic expectations. This is not a financial seminar; it is an interactive financial course where you will leave with the knowledge and confidence to make financial decisions suited to the goals and objectives you establish.

Alan Goldfarb is the Managing Director at Financial Strategies Group and was formerly the Director of Wealth Planning at Weaver Wealth Management, the Wealth Advisory arm of Weaver and Tidwell CPA firm. Prior to that he was Regional Director of Financial Planning Services at the international accounting firm of Coopers & Lybrand and is listed in Marquis' Who's Who in America and Who's Who in Finance and Industry. Alan was also the Director of the Financial Services MBA Program at the University Of Dallas Graduate School Of Management, the first MBA program in the country for the personal financial services industry. Additionally he was the Executive Director for the Southwest Institute for Personal Financial Education. Alan was named by Worth Magazine to its top financial advisor list for five consecutive years, by D Magazine to its top wealth manager list since 2008 and by Texas Monthly magazine to its 5 STAR wealth advisor list for the last 5 years.

**55. For Women Only – Overcoming the Bag Lady Syndrome – Alan Goldfarband & Diana Bacon**

*(1 session; class repeated at each location)*

Wednesday, April 9: 1:00pm – 2:30pm

**@Marquis Hall 118**

Thursday, April 17: 2:45pm – 4:15pm

**@Robson Ranch Main Clubhouse**

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This course will examine the phenomenon of women's financial anxiety; something the media is calling "Bag Lady Syndrome." Studies have shown that women are not faring as well as their male counterparts by being less comfortable with their level of knowledge concerning their investments. In this interactive financial seminar, we will discuss budgeting, savings, retirement planning, managing retirement, and investing, with the goal of inspiring confidence in one's knowledge and decisions.

Diana Bacon, CFP, MBA has been working with executives, small business owners, retirees, and families for over fifteen years. During that time she provided tax and investment advice to executives of Fortune 500 companies, with a focus on stock option strategies. She also oversaw all aspects of personal financial planning for those executive clients, including the areas of income tax, estate tax, investments, and retirement. As a component of her family-based financial planning, Diana works with trustees and parents to teach beneficiaries and children, respectively, how to manage money.

Diana serves as Treasurer and Board Member of Operation Kindness, a No-kill Animal Shelter, as Chair of the Strategic Planning and Financial Management Committee of First Church and is a member of the Dallas Estate Planning Council

Alan Goldfarb is the Managing Director at Financial Strategies Group and was formerly the Director of Wealth Planning at Weaver Wealth Management, the Wealth Advisory arm of Weaver and Tidwell CPA firm. Prior to that he was Regional Director of Financial Planning Services at the international accounting firm of Coopers & Lybrand and is listed in Marquest Who's Who in America and Who's Who in Finance and Industry. Alan was also the Director of the Financial Services MBA Program at the University Of Dallas Graduate School Of Management, the first MBA program in the country for the personal financial services industry. Additionally he was the Executive Director for the Southwest Institute for Personal Financial Education. Alan was named by Worth Magazine to its top financial advisor list for five consecutive years, by D Magazine to its top wealth manager list since 2008 and by Texas Monthly magazine to its 5 STAR wealth advisor list for the last 5 years.

**56. Shakespeare on Nutrition - Jo Anne Cassell (1 session)**

Monday, April 14: 10:00am – 11:30am

Marquis Hall 118

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The plays and sonnets of William Shakespeare provide us with a window into the culture, customs, and beliefs of Elizabethan England. While nutrition would not become a science for another 200 years, Shakespeare wrote often about medicine, disease, public health, food, herbs, and aging--all nutrition related topics. We'll have some fun and, hopefully, a greater appreciation of Shakespeare's literary talents.

Dr. Cassell is a registered dietitian, retired faculty at TWU, Department of Nutrition and Food Sciences, and a speaker and writer on nutrition, food history, and food-related topics.

**57. The Freeman's Bureau during Reconstruction – Richard Lowe (1 session)**

Monday, April 14: 1:00pm – 2:30pm

Marquis Hall 118

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This class will include a description of the Freeman's Bureau (1865-1868), analysis of its personnel in Texas, and a worm's – eye view of how it worked on the local level in Texas. A final segment will cover its significance in US history.

Dr. Lowe is a Regents Professor of History at UNT, has taught at UNT since 1968, and is the author of several books on 19<sup>th</sup> – century US history.

**58. Theories of Personality –David Plaut (2 sessions)**

Tuesday, April 15: 10:00am – 11:30am & 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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It has been said that the reason we have not ONE theory of personality is that we have not been on earth long enough for our brains to evolve to a state when we can understand ourselves. In this course we begin with Freud and discuss our way to the

20th century looking at Maslow, Rogers, Jung, Bandura, Anna Freud, Erickson, Piaget, Skinner and others as time permits.

David Plaut has a background in liberal arts (major in literature) and biochemistry (clinical). He has taught several courses for this program. In his spare time he tutors math and science and makes audio recordings for the sight impaired. He also writes two blogs a month in addition to articles and book reviews for various journals.

**59. Senior Moments: To Worry or Not to Worry and Why Brain Health Matters at Every Age**

*– Audette Rackley (1 session)*

Wednesday, April 16: 10:00am – 11:30am

Marquis Hall 118

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Every decade of life brings an increasing awareness of changes in memory and thinking and the consequent question, “Could this be Alzheimer’s?” Come learn about the latest scientific findings and the importance of continued cognitive engagement in the retirement years. Come learn practical ways to keep your brain engaged and hear about two research projects currently underway at the Center for BrainHealth targeting innovative treatments to help our brain health keep pace with our physical health.

Audette Rackley has been a member of the Center for BrainHealth team since its inception in 1999. She is Head of Special Programs at the Center for Brain Health with an interest in healthy aging, neurodegenerative diseases, and developing interventions to strengthen brain function. Her current research focus is developing and conducting brain training programs for individuals with memory complaints and Mild Cognitive Impairment. She has a Master’s Degree in Communication Disorders and Sciences from The University of Texas at Dallas.

**60. Sensible Guide to Active Aging – Jean Seward (2 session with limited enrollment)**

Wednesdays, April 16 & 23: 1:00pm – 2:30pm

Marquis Hall 118

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The first session will put forth the case for staying active and optimal aging. This concept examines the satisfaction of individual functional performance in the six dimensions of wellness as a better predictor of optimal aging versus medical conditions that one may have. There will be no doom and gloom but positive reinforcement and acknowledgment that you may be healthier than you think. We will explore the Slippery Slope of Aging and discuss why it is important to stay in the physiological ability “fun” curve of this slope and how you can and why you should strive to achieve that goal. We will plan to view “The Age of Champions” in the second session and talk about how to become a Texercise Champion. The follow up

labs will assess strength, flexibility and balance. You will be asked to fill out the World Health Organization, Satisfaction of Life survey and rate your confidence to perform selected activities on the ABC scale.

Jean Seward, P.T., is President, Owner & Program Director of Seniors in Motion, Inc. She is a graduate of the Mayo Foundation School of Physical Therapy and has been practicing in the Denton area for 36 years. Larry Gardner, PT, ATC, LAT will help lead these sessions.

**61. Roots of the Israeli-Palestinian Conflict – Craig Hunter (3 sessions)**

Wednesdays, April 16, 23 & 30: 2:45pm – 4:15pm

Marquis Hall 118

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Although the Israeli-Palestinian conflict is frequently in the news, rarely is the historical background explored in any depth. This class, new for some and a refresher for others, will examine the origins of the modern Israeli-Palestinian conflict, focusing particularly on the period from the late 19th century through the mid-20th century. All are welcome, no prior knowledge necessary.

Rev. Craig Hunter is the pastor of Trinity Presbyterian Church in Denton and a professor at the Emeritus College since the program began. He has studied, lived, and worked in Israel / Palestine and has been traveling to the region for almost twenty years.

**62. Elder Law - VA & Medical Benefits – Richard M. Barron (1 session)**

Thursday, April 17: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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The classes are designed to educate senior citizens and/or families on some of the common legal mistakes, myths, and concerns related to aging. The information covered includes wills, powers of attorney (financial and medical), advance healthcare directives, trusts, legal asset protection, government benefits (Veteran's Benefits and Medicaid) and probate issues. In general the class will give an overview of how to navigate the healthcare and benefits maze of aging.

Richard M. Barron, JD has been a member of the State Bar of Texas since 1981 and is an accredited attorney with the Department of Veteran's Affairs. He is a member of the National Academy of Elder Law Attorneys. His law firm was established in 1991 and serves the North Central Texas area. He received his BBA from SMU and Law Degree from Texas Tech.

**63. Explore Your Future** – *Katherine Dreyer & Candy Wade (4 sessions limited to 15 participants; \$35 materials fee)*

Mondays, April 21 & 28, and Wednesdays, April 23 & 30: 10:00am – 12:00am

Marquis Hall 118

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Explore Your Future is a personal journey to intentionally infuse greater purpose in everyday life. You are invited to discover new ways to connect and contribute in this unique, individualized experience. In a supportive peer setting, you will examine: 1) what have been the major influences in your life? 2) Who are you now? 3) What do you want? 4) How do you get what you want? Come away with a realistic action plan to follow your passion, find greater meaning, and accomplish your goals.

Katherine Dreyer, Ph.D., is the Associate Director of Partnerships for Strong Communities. She has worked in the field of gerontology for over 15 years on programs and research related to Alzheimer's disease, caregiving, and volunteerism.

Candy Wade, M. Ed, is a Certified Senior Advisor, an Administrator /Owner of Home Helpers, a certified coach and trainer for the "A Matter of Balance" program, and a retired teacher.

**64. What Starts in Texas Changes the World** – *Diana Mason (1 session)*

Monday, April 21: 1:00pm – 2:30pm

Marquis Hall 118

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Calling all native Texans and those who got here as fast as you could! A notable bull rider once said, "It ain't braggin' if it's true!" This class explores the facts, fiction, and folklore of Texas as they relate to the study of chemistry. The stories imparted serve to make chemistry engaging, and you'll get to leave with all the bragging rights that make Texas and Texans extraordinary. We do get to have our cake and eat it, too!

Professor Emeritus Diana Mason retired from her position as Director of the Chemistry Education Program at the University of North Texas (UNT) in August 2012 after over 30 years of teaching chemistry. During her tenure at UNT, she directed to completion seven PhD students and fifteen M.S. students in chemistry education. She has authored/co-authored 17 peer refereed research articles and two books. In 2005 Dr. Mason was awarded the UNT Community Service Award. She is also active in many American Chemical Society (ACS) events earning her the distinction as a member of the 2011 Class of ACS Fellows.

## 65. Top 12 Estate Planning Mistakes: How to Detect and Avoid Them

– Leigh Hilton (1 session)

Tuesday, April 22: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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This lecture will cover the following mistakes:

- #1 Failing to Address Health Care Decisions--including a discussion of the difference between a DNR and a Directive to Physicians
- #2 No Plan to Control Financial & Property Matters During Incapacity
- #3 No Wealth Transfer Strategy
- #4 Failure to Understand & Plan for Medicaid and veteran's benefits.
- #5 Thinking children-minor and adult-don't need inheritance protection
- #6 Failing to Transfer "Values"
- #7 Not preserving Tax deferral benefits of retirement plans
- #8 Failing to organize and consolidate
- #9 In second marriages, failing to protect your spouse, and your kids
- #10 Failing to plan for tangible personal property
- #11 Access to medical records-failing to plan for HIPAA
- #12 Believing Estate Planning is a "one-time Event"

Leigh Hilton has over 19 years of legal experience in the practice areas of Estate Planning and Probate. She routinely prepares simple estate plans as well as very complicated Wills and Trusts for high wealth individuals. Leigh also helps with Medicaid and Veteran's planning.

Leigh was born in Dallas and grew up in Denton. She attended the University of North Texas where she earned a Bachelor of Science, graduating with honors in 1989. She earned her law degree at the South Texas College of Law in Houston, TX, where she graduated Summa Cum Laude in 1992. She has been married for 25 years and is the mother of two boys. Leigh is very active in civic events, is a frequent speaker to various organizations and strives to be a positive influence in the Denton community.

She is a member of Wealth Counsel, National Association of Elder Law Attorneys and Elder Counsel. She is an Accredited Estate Planner with the National Association of Estate Planners and Councils.

**66. Finding Ancestors in the Census Records - Susan Schwartz (2 sessions)**

Tuesdays, April 22 & 29: 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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Although the Federal Census records were not created with genealogists in mind, they are the records that genealogists use the most. This seminar will focus on finding and using the information in these records. We will look at the various types of census records including federal, state, population, agricultural and mortality schedules. You will learn tips and tricks for searching for your ancestors in these valuable records and how to build on the information that you find.

A retired educator and avid genealogist since 1999, Susan has been happily researching numerous family lines. She has taken many genealogy courses, both in person and online, and has attended a number of local, state and national genealogy conferences. She currently serves as President of the Robson Ranch Genealogy Club and as the DAR Benjamin Lyon Chapter Lineage Research Chairperson; conducting courses and mentoring other researchers.

**67. Two Anitas Present the Way to a Happy, Healthy Heart through Humor**

*– Anita Hawley & Anita Washburn (2 sessions)*

Thursday, April 24: 10:00am – 11:30am & 1:00pm – 2:30pm

Robson Ranch Main Clubhouse

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Anita Hawley will present the benefits of humor in our everyday life, in sickness or in health. Included in this will be humor's effect on physical, psychological, and physiological well-being. Come prepared; active participation will be required – come to gain insights and be entertained!

Anita Washburn will co-lead this class, introducing exercises of breathing, stretching, and laughing to strengthen core muscles. Laughter exercises provide the benefits of lower blood pressure, lower blood sugar levels, and increased endorphins which help with pain relief. These exercises can be completed while seated, but please wear comfortable clothing for deep breathing.

Anita Hawley holds Masters degrees in Education and Gerontology from the University of North Texas. As a school teacher, she utilized humor as an effective learning tool teaching English. She has also used humor in her professional and volunteer work with the elderly population.

Anita Washburn is certified as a Laughter Yoga Leader in June 2012. She has presented programs to the Denton County Health Department, Good Sam on Hinkle and currently leads a weekly group at Seniors in Motion Denton.

## 68. Engaging Denton: Working Together to Solve our Community's Challenges

– *Gayle Strange (1 session)*

Thursday, April 24: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

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You are our community's most valuable asset: an engaged, educated, talented, and creative citizen. This session will give you insight into some of the biggest challenges facing our city, schools, businesses, and community groups. It will also provide you with very tangible avenues by which you can get involved and be part of the solution in a way that best utilizes your talents and passions. Join us as we have a discussion with community leaders who are more than willing to get you plugged in.

Panelists:

Dr. Jamie Wilson, Superintendent Denton ISD

Gary Wilson, President and CEO of United Way of Denton County

Kevin Roden, Denton City Council

Gayle Strange, former Chair of UNT Board of Regents, business owner

## 69. Soviet Socialism through the Eyes of the Witness and a Scholar

– *Olga Velikanova (1 session)*

Monday, April 28: 1:00pm – 2:30pm

Marquis Hall 118

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This 90-minute lecture will review what Soviet socialism was on the human level and in a historical perspective. The lecture will probably challenge the stereotypes of the Cold War era and will bring new revelations from the Soviet secret archives. It will include a brief historical review, characteristics of socialism in its Soviet form, the everyday experience of the citizens, and implications for the present development in Russia.

Dr. Velikanova was born in Leningrad/St. Petersburg (USSR) and graduated from St-Petersburg State University (MA, PhD). In the 1990s she was an active participant of Perestroika. The Soviet history is a field of her expertise. Olga was among the first scholars to work with the declassified Communist Party and secret police archives relating to popular moods. Her research about everyday Stalinism, the cult of Lenin, and popular opinion has been broadcast by the BBC, Finnish and Russian radio and TV as well as the History Channel in Canada. Her works were published in Russian, German, English, Spanish, Portuguese, Hungarian and Finnish. Before coming to the USA, Olga worked in Russia, Germany, France, and Canada. She is a recipient of many awards from different international research foundations.



**70. No Money Required – Laura Wolf (1 session)**

Tuesday, April 29: 10:00am – 11:30am

Robson Ranch Main Clubhouse

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Discover how the North Central Texas Area Agency on Aging serves all persons who are 60 and older free of charge without regard to income. Learn about the services you already know about but didn't know who or how they were coordinated. Become versed in the broad range of services offered to seniors, their family, and caregivers. Understand how you can pay it forward by volunteering your time.

Laura has a Ph.D. in Applied Gerontology from the University of North Texas where she both taught and conducted research in aging issues related to hospital readmissions, quality of life, and caregivers. Currently Laura is the volunteer coordinator at the North Central Texas Area Agencies on Aging.



## **Texas Woman's University**

### **1. Cattle Kates of the Texas Plains - Kimberly Johnson (2 sessions)**

Tuesdays, April 22 & 29: 1:00pm – 2:30pm

**Location:** TWU Blagg-Huey Library Catherine Merchant Reading Room

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The focus of this class is the history of women who were ranchers, farmers, cattle baronesses, ropers, and wranglers across the wide and open Texas plains. Texas history is full of examples of unknown women who protected their lands and families singlehandedly during times of protest and war. The Texas plain could be an unforgiving terrain -- these women proved that determination and fortitude were the just the right recipe for success from corrupt land owners, prospectors, and scallywags.

Dr. Kimberly Johnson has coordinated seven oral history programs for the Woman's Collection at Blagg Huey Library including: Woman Air force Service Pilots of World War II, Texas Woman's University Alumni/Faculty, Women in Aviation, Women and Civic Agency, Women's Organizations, the Women Military Aviators, and Whirly Girls International. She also has experience developing oral history programs and conducting interviews. Additionally, she has experience transcribing, editing, and indexing oral history and creating electronic records for public access.

### **2. Classic and Romantic: 19th Century Painting – John Calabrese (2 session)**

Thursday, April 24 & May 1: 1:30pm – 3:00pm

**Location:** TWU ART West Gallery

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This class will feature a lecture and slide presentation covering 19th century painting.

Dr. John Calabrese is a Texas Woman's University Full professor of Art History, Aesthetics, Film History and Art Histories Studies Abroad Program.

### 3. **Developmental Dyslexia: Current Understanding and Management**

- June Levitt (1 session)

Tuesday, April 29: 3:00pm – 4:30pm

**Location:** TWU Blagg-Huey Library LIB 101

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According to Dr. Shaywitz at Yale University, as many as 40% of American school-age children's reading abilities are below grade level. The difficulties could be observed during early stages of reading acquisition and/or during later ages when reading demands increase. The reading problems of many of these children are attributable to dyslexia. Dyslexia, if not properly managed, persists into adulthood. This lecture covers ways to identify and address the challenging school life of dyslexic children.

Dr. Levitt earned her master's degree in Applied Cognition and Neuroscience and doctoral degree in Communication Sciences and Disorders from the University of Texas at Dallas. She is a licensed speech and language pathologist (CCC-SLP).

### 4. **Tax Considerations for Retired People** - Robert Michaelson (1 session)

Thursdays, May 1: 11:00am – 12:30pm

**Location:** TWU ACT 601

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This class will cover estate and income tax compliance and planning for retired people.

Robert Michaelson has a degree in Accounting from the University of Illinois and spent six years in public accounting. He taught tax law for 29 years, including 18 years at UNT.

5. **Tilting at Windmills: Literary Symbols in Everyday Language** – *Gretchen Busl* (1 session)

Friday, May 2: 2:30pm – 4:00pm

**Location:** TWU Blagg-Huey Library Catherine Merchant Reading Room

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Literary allusions are everywhere in daily life: whether we're wondering if Big Brother is watching, or feeling like we're stuck in a *Catch-22*, we have come to adopt these allusions as part of our everyday language. This session will examine how literary symbols, phrases, and quotations become not only part of American culture, but part of the English lexicon. We will discuss the adaptation of literature into popular culture forms like movies and comics; the use of intertextuality references and literary allusions in television shows and commercials; and the incorporation of words and phrases like "green-eyed monster" and "lolita" into everyday conversation. We'll also consider iconic literary characters and famous scenes that we all remember (like Faust making a deal with the devil, or Don Quixote tilting at windmills) – even if we've never read the book.

Dr. Gretchen Busl earned a Bachelor's degree magna cum laude in Romance Languages from Mount Holyoke College. She broadened her literary horizons at the University of Notre Dame, where she earned a Ph.D. in Literature with a focus on adaptation and translation in world literature, combining studies in semiotics, narratology, and language theory. She is currently an Assistant Visiting Professor at Texas Woman's University.